

# THE LYMINGE NEWSLETTER

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

Produced by  
THE LYMINGE ASSOCIATION  
[www.lyminge.org.uk](http://www.lyminge.org.uk)  
**September 2025**  
From The Lyminge Association

## LYMINGE GARAGE SALE SUNDAY 14TH SEPTEMBER

**Booking forms are available from Snippers and Clippers,  
The Coffee Cabin, on P22 of this newsletter or can be  
downloaded from the internet**

[www.lyminge.org.uk/garage-sale-and-table-sale-booking-form/](http://www.lyminge.org.uk/garage-sale-and-table-sale-booking-form/)

**Completed forms, plus £5, need to be returned to Snippers  
and Clippers or The Coffee Cabin by 9th September.**

**Any questions:  
please contact Steve on  
01303 863600  
or  
[steve@guyatts.com](mailto:steve@guyatts.com)**



### **Solely Foot Care – Now offering Extended Days!**

4 Station Road, Lyminge CT18 8HP Tel: 07832 797341

Jayne is delighted to announce that Solely Foot Care will be offering extended days from the beginning of October to better serve our wonderful community. Since opening the doors in July, I have been overwhelmed by the warmth and support from the residents of Lyminge and the surrounding villages. Thank you for making me feel so welcome.

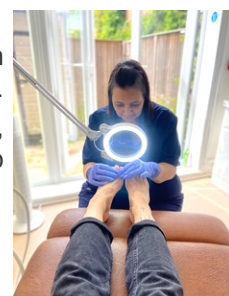
**Services include:** Toenail trimming and reduction, Corn and callus removal, Verruca treatment, Ingrown toenail care, Fungal nail management, Diabetic foot checks and monitoring, General foot health advice. Whether you're dealing with a specific foot problem or just want to keep your feet in tip-top condition, I'm here to help. My goal is to make sure you leave feeling comfortable, confident, and ready to step out without discomfort.

Contact: Jayne 07832 797 341

[www.solelyfootcare.co.uk](http://www.solelyfootcare.co.uk)

[jayne@solelyfootcare.co.uk](mailto:jayne@solelyfootcare.co.uk)

***Thank you Lyminge. Here's to happy, healthy feet for years to come!***



# Margaret Saunders' Meanderings

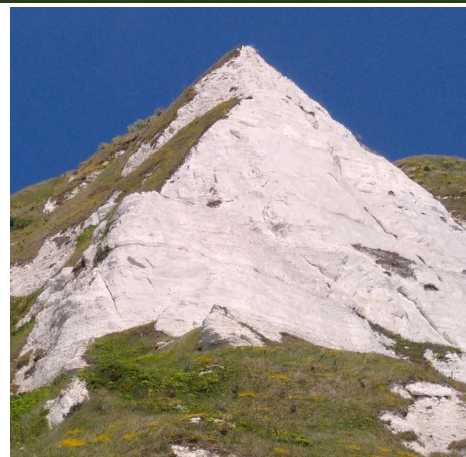
Walking under a hazy sky with the sun doing its best to disperse the thin cloud cover, I make my way from the car park at Samphire Hoe towards the beach, walking parallel to the railway track, which connects Folkestone with Dover. Having driven through the tunnel to reach the wooden buildings made from reclaimed wood, it feels as if I am entering a different world, which in some ways I am. It has a similar feel to that of being on Romney Marsh – both places have been reclaimed from the sea – Romney Marsh after a natural event; Samphire Hoe from a man-made one.

Walkers are asked to keep to the footpaths to avoid ground nesting birds so I continue along the track. Greeny-yellow wood spurge is flowering the other side of the fence, as is some sweet-scented honeysuckle and early brambles. Wood spurge emits a toxic milky-white substance when the stem is broken, and in other parts of the world, this sap has been used to tip poisoned arrows. Clumps of yellow birdsfoot-trefoil brighten the edge of the footpath and the purple of common vetch makes it a subtle colour companion.

In a dip to my left, a pond has formed in a hollow of the land. Four adult mallards are supervising ten small ducklings who are showing off their skills of short take-offs and skid landings as they scoot in and around the grown-ups. Another circular pond, smaller and shallower, shows the effect the recent long spell of dry weather has had – rings have formed around the edges as the water has steadily evaporated. It is May and the heatwave is currently being replicated around the country as reservoir levels begin to drop.

I approach the beach which bridges the gap between sea and cliff with Folkestone harbour just visible though

the haze. Above me, the mist starts to disperse at the top of the cliffs where the sky becomes blue and clear. The whiteness of the cliffs is dazzling and in places, large boulders of this pristine chalk lie around, freshly fallen and strewn about, with smaller jagged pieces finally coming to rest amongst the pebbles on the beach, not yet smoothed and rounded by the relentless action of the sea. Their freshness is a warning – at any time another cliff fall could bring tons of the relatively soft rock tumbling down. Cracks, crevices and fissures are all indications of the fragility of our 'White Cliffs' and there is talk that in the not too distant future, the railway line between Folkestone and Dover will have to close permanently, due to the instability of the cliff and the cost of maintaining the most expensive stretch of railway in the country. However, today, I am able to stand and admire their magnificence with one particular point reminding me of a snowy peak in the Alps. A meadow pipit, on the Amber List of conservation concern, with its fluttering flight, alights on a smooth white ledge and at my feet, a small waterfall tumbles water from deep inside the cliff, forming a small clear pool before disappearing into the shingle. Mounds of white flowering sea kale, with its subtle coloured blue-green foliage, populate the top of the beach, out of reach of the tides. The shoots were used in the 18th and 19th centuries as a vegetable and after a lull in consumption, it is now cultivated in Britain and used by celebrity chefs. Purple sedum, or stonecrop, add colour and interest to this area between land and sea. A small blue butterfly flits by, moving across the grassland at the base of the cliffs.



Although the tide is receding, the rocks that appear at low tide and make the scene more interesting, are not visible and a finger of fallen rock is not yet clear of water, bringing to an end this part of my walk. Half submerged smooth white chalk boulders have become embedded in the seabed and a small eddy swirls each time a gentle wave ebbs and flows over a depression in the rock. Soothing sounds of the sea softly gurgling surround me as I sit and I am mesmerized by the constant pushing and drawing back of the water over rock which was once covered by the sea, tens of thousands of years ago, having only recently been reunited with that which had caused its formation. Stretching my gaze further out, the sea is almost flat, with differences of colour and texture caused by the currents as they move.

I walk back along the concrete apron behind the seawall. A fishing boat from Folkestone, which had been out at anchor, has now come closer to the shore. Thumps and thuds can be heard as the fisherman hauls in rectangular lobster baskets along a wire, one at a time, unhooking them to take on board, the sounds travelling easily across the flat water. And I wonder how changed this walk will be in fifty years time, when more rock will inevitably have fallen.





# Diary of Forthcoming Events

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to [pbarnes20@icloud.com](mailto:pbarnes20@icloud.com) or via methods outlined on Page 3.

## ONE-OFF EVENTS

Date	Time	Event	Where	Tel. No.
13 Sept	8am	Boot & Autumn Fayre	LW	
14 Sept	9am	Garage Sale		863600
15 Sept	11am	Lyminge Stroke Group - Kent Air Ambulance	LPC	
17 Sept	11.30am	Singing For All		
20 Sept	10am	Macmillan Coffee Morning	LL	
21 Sept	3pm	The Ringlemere Clarinet Trio	SMCE	
24 Sept	11.30am	Singing For All		
26 Sep	10am	Macmillan Coffee Morning	LMC	
28 Sept	9.30am	Farmers Market	LVH	
11 Oct	10am	Coffee Morning	SMCHE	
16 Oct	7.30pm	Lyminge Association AGM	LBC	863737
25 Oct	7pm	Autumn Quiz	EVH	07544 670363
25 Oct	7pm	Invicta Wind Orchestra Concert	LMC	
27 Nov	4.45pm	Lighting Lyminge Christmas Tree	LL	
30 Nov	4.45pm	Etchinghill Christmas Lighting Event	Meridian Park	07544 670363
01 Dec - 5 Jan		Mount Pleasant Close Christmas Lights		
07 Dec	7pm	ERA AGM	EVH	07544 670363
22 Dec	4pm Start	Christmas Present Delivery		

## MONTHLY EVENTS

Date	Time	Event	Where	Tel. no
1st Mon	10am	Stroke Support Group	C&H	07903 150099
2nd Mon	7pm	Parish Council Meeting	LVH	07999 403948
3rd Mon	10am	Stroke Support Group	C&H	07715 221705
3rd Mon	7pm	Etchinghill Cinema Club	EVH	07544 670363
1st Tues	2pm	RBL, Elham Valley Branch	SMCHE	07734 383691
1st Tues	2pm	Railway Readers 1	LL	0300 0413 131
1st Tues <sup>3</sup>	7.30pm	LHS Talk/Event	TC	863879
2nd Tues	2.30pm	Library Reading Group	LL	0300 0413 131
3rd Tues <sup>2</sup>	7.30pm	Gardeners' Society	TC	07703 149008
Last Tues	10.30pm	Lyminge Poetry Group	LL	0300 0413 131
1st Wed	10.30am	Lyminge Friends	TC	862598
4th Wed	2.30pm	RM Circle	RVH	864256
Last Wed	7.30pm	Quiz Night	C&H	01303 3901011
2nd Sat	10am	Postling Church, Coffee Morning	PC	863536
2nd Sat	10am	Ethelburga Quilters	EVH	
4th Sun	9.30am	Farmers' Market	LVH	

<sup>1</sup> In term time only

<sup>2</sup> Except Jan and Feb

<sup>3</sup> Except Jan, Feb, and trip in Aug

<sup>4</sup> Except Aug and Dec

<sup>5</sup> Not held in August

<sup>\*\*</sup> Every three months

## WEEKLY EVENTS

Day	Time	Event	Where	Tel. no
Mon	10am	Bridge Club	LBC	863177
Mon	10.30am	Lyminge Larks (Singing)	LMC	07951 572920
Mon	10.30am	Chromatic Greys Art Class	EVH	07783 575802
Mon	5.15pm	Pilates	EVH	07951 698008
Mon	6.30pm	Ballroom/Latin/Salsa Dancing	TC	07966 751991
Mon	6.30pm	Judo Club	LVH	07369 225021
Mon	7pm	Pilates	EVH	07951 698008
Mon	7pm	Yoga	RMV	07977 503897
Tues	9.30am	Tai Chi Qigong	EVH	07402 203239
Tues	10am	Lyminge Baby & Toddler Group	TC	07870 405567
Tues	11.45am	Pilates	EVH	07834 839801
Tues	1pm	Seated Yoga	TC	
Tues	1.45pm	Pickleball	EVH	862696
Tues	6pm	Board Games Night	CC	
Tues	6.45pm	Short Mat Bowls	LVH	863842
Tues	7pm	Bridge Club	EVH	07790 160476
Wed	10am	Pilates	TC	07825 109670
Wed	10am	Baby/Toddler Group	EVH	07817 777975
Wed	11.15am	Singing for all (term time only)	TC/LMC	269602
Wed	7.30pm	Cantores Dominicae Choir	LVH	07778 333339
Thurs	10am	Lyminge Morning Art Group	EVH	01303 211364
Thurs	10.15am	Baby Rhyme Time	LL	0300 0413 131
Thurs	2pm	Lyminge Afternoon Art Group	EVH	07870 494644
Thurs	5pm	Pilates	TC	07951 698008
Thurs	6.15pm	Pilates	TC	07951 698008
Thurs	7pm	Short Mat Bowls	LVH	863842
Thurs	7.30pm	Ballroom and Latin Dancing	EVH	07967 979610
Fri	9.15am	Nikki Barratt Art Group	EVH	07871 494644
Fri	10.15am	Talk Time	LL	0300 0413 131
Fri	6pm	Junior Cricket Training Sessions	SPCC	07869 283195
Fri	7pm	Table Tennis	EVH	

**C&H:** Coach & Horses; **EGC:** Etchinghill Golf Club; **EVH:** Etchinghill Village Hall; **ELVH:** Elham Village Hall; **ERA:** Etchinghill Residents' Association; **ES:** Elham Square; **EVL:** Elham Valley Line Trust; **JF:** Jubilee Field; **LB:** Laing Bennett; **LBC:** Bowls Club; **LL:** Library; **LMC:** Lyminge Methodist Church; **LPC:** Lyminge Parish Church; **LPS:** Lyminge Primary School; **LVH:** Lyminge Village Hall; **LW:** Lord Whisky; **NP:** Nailbourne Court; **PC:** Postling Church; **PH:** Lord Whisky, Park House; **PVH:** Postling Village Hall; **RVH:** Rhodes Minnis Village Hall; **RM:** Rhodes Minnis Church; **RMCS:** Rhodes Minnis Cat Sanctuary; **RR:** Rigden Room; **SMC:** St Mary's Church Hall, Elham; **SMVH:** Stelling Minnis Village Hall; **SNL:** See Newsletter for info; **SP:** Sibton Park; **SPCC:** Sibton Park Cricket Club; **TC:** Tayne Centre; **TF:** Tayne Field; **WF:** Well Field

# Church Services

## Valley Methodist Church

A warm welcome awaits you at our services followed by a time of refreshment and fellowship in our Lyminge Church or at our small and beautiful Chapel at Rhodes Minnis.



## Rector's Message

By the time you read this message I shall hopefully be away on holiday. Some of you will have already returned home or back to work after having been away. Some may not have been away at all and spent the summer maintaining your daily routine.

However we spend our time, whether we go or stay, rest or play, let us be grateful for the gift of each new day in God's grace. Let us celebrate and strive for peace in our nation and work for the common good.

*As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and forever. Amen.*

**Preparation prayer for Morning Prayer**

Rev'd Carol Bates



### LYMINGE

Date	Time	Event
7th September	11am	Mr David Songer (including. Holy Communion)
14th September	10.15am	Valley Service: Mr Tim James
21st September	11am	Mr Dwight Harris
<b>24th September</b>	<b>7pm</b>	<b>Praise &amp; Worship Service</b>
28th September	11am	Harvest Festival at the <b>Parish Church</b>
5th October	11am	Rev Gill Songer (including. Holy Communion)

### RHODES MINNIS

Date	Time	Event
7th September	9.30am	A local arrangement
14th September	10.15am	United Valley Service at <b>Lyminge</b> : Mr Tim James
21st September	9.30am	A local arrangement
28th September	9.30am	Mr Dwight Harris
5th October	9.30am	Harvest Service led by Rev Gill Songer

## St Mary and St Ethelburga Parish Church, Lyminge

Date	Location	Time	Event
7th September	Lyminge	10am	WOW Service
	Paddlesworth		No Service
14th September	Lyminge	8am	Holy Communion CW2
		6pm	Choral Evensong
21st September	Lyminge	10am	Holy Communion CW1
	Paddlesworth		No Service
28th September	Paddlesworth		No Service
	Lyminge	11am	Joint <b>Harvest Festival</b> with Methodist Church
5th October	Lyminge	10am	WOW Service
	Paddlesworth		No Service

Paddlesworth Church will be closed for repairs from 21st July until completion of work.

**If more information is required please contact the Church Wardens, Derek Smith 01303 862508 or Mike Chinneck 01303 863911**

## Postling Church

Date	Time	Event
7th September		No Service in Postling
14th September	8.30am	Morning Service
21st September	8.30am	Holy Communion
28th September	8.30am	Breakfast Service



# Etchinghill Update - September 2025



## **ETCHINGHILL RESIDENTS' ASSOCIATION (ERA)**

Chairman: David McCombe  
- 07939 076617 E-mail:  
[dmccombel@gmail.com](mailto:dmccombel@gmail.com)  
Website: [www.etchinghill.info](http://www.etchinghill.info)  
Facebook: Etchinghill Residents

**FILM NIGHT - Etchinghill Village Hall - MONDAY 15th SEPTEMBER - DOORS OPEN AT 7.00 PM FOR A 7.30 PM START - 'PENGUIN LESSONS' 12 - 2024 - RUN TIME 1 HRS. 50 MINS.** Starring Steve Coogan and Jonathan Pryce, the film is based on a true story. When a schoolteacher, Tom Michell, rescues a penguin from an oil

slick off the coast of Uruguay, he has no idea what to do. Back at his apartment, Tom cleans him up but on returning to the beach the penguin refuses to return to the ocean. Tom has one option: to smuggle the penguin over the Argentinian border to the prestigious boarding school Tom calls home. The film has been described by critics as "life-affirming and heart warming".

Entry fee is only £6 pp including a choice of a glass of wine, tea or coffee with biscuits or popcorn. There will be a free raffle during the intermission. New members are welcome, simply register at the door – there is no need to book in advance.

**ETCHINGHILL & LYMINGE PARISH NEIGHBOURHOOD PLAN** –The Etchinghill Working Group (EWG) has arranged a 'walk around' of the village, taking in the Conservation Area, to give residents an idea of what might be involved in the work of the Working Group, going forward. Please meet on Saturday 6th September – 10am at the Village Hall. The walk around will finish around 12 noon for a coffee or a pint in The Gatekeeper.

If you wish to join the EWG and be involved in the Neighbourhood Plan, please

contact Roger Joyce by email: [roger@rogerjoyceassociates.co.uk](mailto:roger@rogerjoyceassociates.co.uk) or David McCombe (as above). The agenda and minutes of LPC meetings can be found on the LPC website <https://www.lymingeparishcouncil.org.uk>.

By now everyone has probably noticed that the main road through the village has been resurfaced, potholes filled and the speed roundels and other markings repainted.

## **ETCHINGHILL VILLAGE HALL (Charity 302736)**

Chairman: John White  
Bookings: Anna Allan 07514 758936, E-mail: [d.allan142@btinternet.com](mailto:d.allan142@btinternet.com) Facebook: Etchinghill Village Hall Kent

**The annual singles Pétanque competition** will take place on Saturday 13th September at Etchinghill Village Hall. 12pm kick off. £2 entrance fee per player with trophies for the finalists. Unfortunately, the kitchen will be unavailable so please bring along your own refreshments. The winners name will be engraved on our Community Shield. No need to book, just turn up on the 13th September at 12pm.

**News contact: Karen Hickman – 07521 372477 or email: [kdhickman@me.com](mailto:kdhickman@me.com)**

## **The Lyminge Association AGM**

**16th October 7 for 7.30pm**

**Lyminge Bowls Club, Woodland Road, CT18 8EW**

## **Lyminge Newsletter**

**Terms & Conditions: Copy deadline for next edition - 18 October 2025**

Please email your copy to the editor ([pbarnes20@icloud.com](mailto:pbarnes20@icloud.com)). Your payment must be received before your article or advert can appear in the Newsletter. Invoices will be issued and should be paid ASAP either by BACs, cheque, credit card or cash (details on invoice). **Business adverts** cost from £9.50 per month or £95.00 per year. **Personal and charity adverts and articles** from £3 per month, or £30.00 per year. The annual rate offers 12 entries for the price of 10. Please make cheques payable to **'The Lyminge Association'**. If you do not have email, a typed paper-copy may be left with the payment at the Library. The Newsletter is printed by Canterbury Print & Mail.

**The Lyminge Association accepts no liability for the accuracy of the advertisements or subsequent actions arising in conjunction with advertisers in the newsletter.**

**Further details from Peter Barnes (editor) on 01303 863737, 076808775302 or [pbarnes20@icloud.com](mailto:pbarnes20@icloud.com)**

# District Councillors' update

## – September 2025

After a year of being closed the Romney Marsh Visitor Centre opened again at the beginning of August and is to be known as The Nest. They will be offering a café, retail and community space. Working alongside the visitor centre's new operator, the Romney Marsh Countryside Partnership, with F&HDC's support, manages the 11-hectare nature reserve. This has several nature walks and activities for both schools and young people.

The Edwardian section of the former Debenhams department store in Folkestone is to be put up for sale. This is part of a new strategy for the building agreed by the Council's cabinet members. The future of Folca 2 – the Art Deco section on Sandgate Road – is being explored with a mixed-use scheme the preferred option. This could be fully commercial or a combination of public sector, medical and commercial uses.

A quarter of the £20m regeneration scheme in Folkestone is now complete. As part of the project the Folkestone bus station will move to a linear layout and Bouverie Square will return to its former use as a garden square. The two bus stops outside the bus station will be moved temporarily from Tuesday 2 September. The rest of Folkestone bus station will close on Saturday 20 September. Stagecoach services currently operating from the bus

station will run from temporary stops erected along Middelburg Square.

An Asian hornet has recently been found in Stelling Minnis. Please look out for other Asian Hornets in the area and if you spot any, please try to take a picture and report it to [alert\\_nonnative@ceh.co.uk](mailto:alert_nonnative@ceh.co.uk).

**Contact:** Elaine Martin

[elaine.martin@folkestone-hythe.gov.uk](mailto:elaine.martin@folkestone-hythe.gov.uk)

**Green Grant Programme** – I was pleased to support the applications in the North Downs West Ward as follows –

**Postling Village Hall** – £11,700 - Solar PV & battery storage systems

**In the Sticks Childcare** - £10,944 - Solar PV & battery storage systems for Lyminge nursery

**Rebel Farmer** - £1,000 - Conservation event Lyminge

**Folkestone** – A Brighter Future – Work is now fully underway on this £20m regeneration scheme initiated under the previous administration. At the last full Council meeting I raised the issue of traffic disruption all around the town. I understand KCC are directing the works and are working hard to resolve problems.

**Princes Parade** – The Leader of the Council has confirmed that the Princes Parade site will remain exactly as it is for the time being. It will be interesting to see

how this changes under the Local Government Organisation.

**Otterpool Park** – a further collaboration agreement has been signed with Homes England and I await to hear further details.

**Local Government Re-organisation**

– the 14 Districts of Kent and Medway continue to meet to try and come to a consensus as to how Kent & Medway should be divided into unitary bodies and how many. I attend the FHDC working group and from the information I have heard and read, if there is not a consensus by the 28 November 2025, then Government will direct. We do know that the timeline is for new shadow unitary bodies to be set-up in May 2027 and for the new structure to go live in May 2028.

**Ward Budget** – I still have some funding available to support local organisations – please email me with any request up to £500. I have recently supported Canterbury Beekeepers to the tune of £274 to provide an Asian hornet trap in North Downs West.

**KCC Budget 2025/26** – Please do respond to this consultation which closes on the 29 September [www.kent.gov.uk/budget](http://www.kent.gov.uk/budget)

**Contact:** Jenny Hollingsbee

[jenny.hollingsbee@folkestone-hythe.gov.uk](mailto:jenny.hollingsbee@folkestone-hythe.gov.uk)

## Dedicated

The sweet old lady  
So gentle and petite-  
Is combing the store  
For her special treat.

But this delicate flower  
Of eighty three-  
With her hidden agenda  
Doesn't fool me.

A shoplifter is she  
Efficient and slick-  
Avoiding the cameras  
She takes her pick.

The clothes worn  
By this canny Scot,  
Are specially made  
And hold a lot.

My camera clicks  
I've more than enough.  
With these criminals  
You've got to be tough.

But I do marvel at  
What I've become.  
Cos' after all -  
She is my mum.



Written by:  
JT Sandgate Creative Circle  
Tel - 07435580028





Girlguiding

Lyminge

We help all girls know  
they can do anything

We are having a session for any girls who are interested in joining Guides and Brownies on 27<sup>th</sup> September. It is from 10am to 12pm and is at Lyminge Scout Hall CT18 8EH. Come and meet the leaders. There will also be a chance for girls to try out some typical Brownie and Guide activities

If you are interested in volunteering, come and talk to us about how you could help. The more volunteers we have the more we can do, such as offer activities for girls of Rainbow and Ranger age.

Any queries please email:  
hazelmsargent@gmail.com

The **Methodist Church**  
**VALLEY METHODIST CHURCH, LYMINGE**

**Praise & Worship**

**WEDNESDAY EVENING  
SERVICES AT 7PM**

ON:  
24 SEPTEMBER  
22 OCTOBER  
19 NOVEMBER

**ALL ARE WELCOME**

"Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family."

Kofi Annan



## Autumn Meditation Course BOOKING NOW

8 sessions from Saturday 4 October 2025

(1 per week)

1.30pm - 4pm

Location: Harry Margary Hall  
Lymne Village  
CT21 4LE

Learn some new skills to support  
your health and wellbeing

Contact Ellen for more information or to book

Call: 07740857109

Email: [ejgarrard2712@gmail.com](mailto:ejgarrard2712@gmail.com)

Visit: <https://ellengarrard.co.uk>



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# POSTLING GLASSBLOWING

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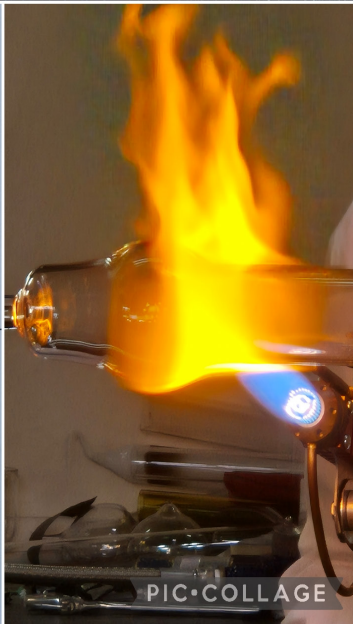
Martine: 07722 589910

Paul: 07951 628173

postlingglassblowing@gmail.com

Inst: @postlingglassblowing

FB: Postling Glassblowing



## Your Local Pharmacy

*Lyminge  
Pharmacy*

• NHS & Private Prescriptions

• Travel and Speciality  
Vaccination Clinic

• Weight Loss Clinic

• FREE Delivery Available

• Private Prescriber Available

• Emergency Medication Supply

• NHS Flu & Covid Vaccinations

• Free Blood Pressure Checks

• Pharmacy First Service

• ONE YOU Stop Smoking  
Provider



Delivering prescriptions to  
the local community of  
Lyminge, Elham, Etchinghill,  
Postling, Hythe, Rhodes Minnis,  
Stelling Minnis and the  
surrounding areas

Ask a member of staff  
to learn more

Contact us at

Tel: 01303 862425

Email: [lymingeinfomed@gmail.com](mailto:lymingeinfomed@gmail.com)

Or come in to the store:

21 Station Rd, Lyminge, Folkestone  
CT18 8HQ

## LYMINGE GARAGE SALE - SUNDAY 14 SEPTEMBER



**Our first Autumn event will be:**

**“A Look at Pruning – The  
how and when and why”  
by Kevin Tooher**

**Tuesday 16<sup>th</sup> September  
at  
The Tayne Centre, Lyminge  
Refreshments from 7:15pm /  
Presentation starts 7:30pm**

**Non-Members very welcome**

For more information about the Gardeners' Society please email:  
[lymingegardeners@gmail.com](mailto:lymingegardeners@gmail.com)  
or call Anne on 07703 14900



# FABRIC

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*Minimise Pain*

*Optimise Mobility*

*Enhance Your Health*

Welcome to AK Healthcare – Your Trusted Osteopathic Clinic in Lyminge.

Since 2011, Adam and Katie have been dedicated to bringing relief and mobility to the Elham Valley community. At AK Healthcare, we believe in a holistic approach to health, focusing on treating the whole person, not just the symptoms. Our experienced Osteopaths use gentle and effective techniques to address a variety of conditions, from back pain and sports injuries to arthritic pain and beyond. Our commitment is to help you achieve optimal health and well-being in a warm, welcoming environment.

Visit us today and experience the difference that personalized care can make for you. Your path to a healthier life starts here!

Contact us to book your appointment today!

[www.AKHealthcare.org.uk](http://www.AKHealthcare.org.uk)

07904311554

Or scan the QR code below:



# It's time for a Macmillan Coffee Morning and you're invited

Let's do whatever it takes to support people living with cancer.

Place: Lyminge Library

Date: Saturday 20th September

Time: 10am to 12:30pm

Contact: [lymingelibrary@kent.gov.uk](mailto:lymingelibrary@kent.gov.uk)

**MACMILLAN**  
CANCER SUPPORT



Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland, MAC19933\_invitePoster



IN AID OF  
**Lord Whisky Animal Sanctuary Fund**

CHARITY NUMBER: 283483



## JOIN US FOR OUR Boot & Autumn Fayre



**SATURDAY 13th September**

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**GATES  
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## Letters To The Editor

### *North Lyminge Irritant*

Somewhere around the top end of North Lyminge Lane and Canterbury Road there is a noise being emitted every 20/30 seconds. It sounds quite like a smoke detector alarm, when the battery is running out. It is continuous 24/7 and most irritating at evening/night when sitting out in the garden.

Please contact me if you are able to help identify this persistent nuisance.

*Sam Wraight*

[samanthawraight@hotmail.com](mailto:samanthawraight@hotmail.com)





# Lyminge Friends

Our talk on **Wednesday, 3rd September** will be **"Behind the Scenes of Television's Golden Years – a light hearted look"** which will no doubt bring back some memories to us all. The speaker is Wilf Lower.

Looking forward to our meeting on **Wednesday, 1st October** the speaker is **Christoph Bull** whose talk is **"The One That Got Away" – The story of a German POW's Escape from Kent in 1915"**

**Everyone welcome**  
**Entry is £4**  
**for Social Meetings**  
**(including Tea/Coffee)**

*We are a friendly social group and welcome new members and visitors - so just drop into a meeting, or if you'd like to talk to one of us first, please call 07904157897. All meetings are held in The Methodist Church, Church Road, Lyminge from 10.30am to 12noon unless stated otherwise.*



**World Clean Up Day** is an annual global event focused on combating waste pollution. It is an International Day on the United Nations Calendar! This year, it takes place on **20th September**.

The event mobilises people worldwide to participate in voluntary clean up actions to preserve a clean and healthy environment.

To help promote the event, The Guides have produced the badge pictured above.

It would be very helpful for our community if each individual was able to pick up one piece of litter and place it in an appropriate bin.

This could be your chance to earn a coveted badge!!

## Fifth Trust Update

[www.fifthtrust.co.uk](http://www.fifthtrust.co.uk)

**Winners!** The Vineyard Café has won Outstanding Service of the Year at the Kent Life Food & Drink Awards 2025. Almost 7,000 votes were cast by Kent Life readers across the county, with the Vineyard Café emerging as the winner in recognition of its exceptional service and welcoming atmosphere.



Located in the heart of the Elham Valley, the Vineyard Café is no ordinary café. It provides vital work experience for adults with learning disabilities, helping them build confidence, develop practical skills, and thrive in a real working environment. Here, customers are warmly welcomed. On the menu, there's coffee, breakfasts, lunches, and homemade cakes, served with pride and care by The Fifth Trust students.

The café is open Monday to Sat 9am-4pm and Sun 10am-4pm for breakfast, lunch, and afternoon tea. To book, email [cafe@fifthtrust.co.uk](mailto:cafe@fifthtrust.co.uk) or call 01227 831266.



## ST MARY'S CHURCH ELHAM THE RINGLEMERE CLARINET TRIO

**Sunday 21<sup>st</sup> September 3pm**



**NATHAN WINTERS - CLARINET**  
**KEREN STARER-SHAW - CELLO**  
**HELEN CRAYFORD - PIANO**

**Music by Beethoven, Bruch,  
Manuel de Falla, Nino Rota and even more!**

**Tickets £12 on the door (under 18's free)**  
**Refreshments available**



**ELHAM VALLEY BRANCH**

**warmly invite you to a**

**COFFEE MORNING**

**Saturday 11<sup>th</sup> October 2025**

**10.00am - 12.30pm**

**in St Mary's Church Hall, Elham**

**in aid of the 2025 Poppy Appeal**

**EVERYONE WELCOME**



# 10 Reasons to Join 1st Lyminge Scouts

## *Adventure • Friendship • Skills for Life*

- Build confidence by trying exciting new activities
- Learn leadership as a Sixer, Second or Patrol Leader
- Teamwork is at the heart of everything we do
- Master outdoor skills with hiking, gardening, camps, and wide games
- Learn responsibility through uniform, punctuality, and personal goals
- Give back to the community with litter picks, volunteering, and remembrance events
- Make friends across schools and year groups – even at Jamborees!
- Pick up practical life skills like cooking, camping and first aid
- Get active with climbing, abseiling, canoeing and forest hikes
- Make unforgettable memories and boost self-belief through adventure and fun!



### **Real Scouting Adventures Include:**

- Attending the Kent International Jamboree (KIJ) at Detling Showground
- Camping under the stars in Maidstone
- Visiting the local bee-keeping society
- Hiking through Lyminge Forest
- Touring Folkestone Fire Station
- Abseiling down St Leonard's Church Tower in Hythe
- Canoeing and sailing at Bewl Water

### **Our Sections & Meeting Times:**

- Beavers (Ages 6–8): Tuesdays, 5:00–6:15pm
- Cubs (Ages 8–11): Tuesdays, 6:30–8:00pm (Summer), 6:30–7:30pm (Winter)
- Scouts (Ages 11–14): Wednesdays, 7:00–8:30pm
- Explorers (Ages 14–18): Thursdays, 7:15–9:00pm

### **Location:**

The Scout Hut, next to Lyminge Village Hall, Woodland Road

### **Subs:**

£15 per month which is collected for 11 months of the year by DD.

### **Interested in joining?**

Email us at: [1stLyminge@gmail.com](mailto:1stLyminge@gmail.com)



## Update from the Lyminge Community Hub

We have been working hard and are still in discussions with FHDC for the use of Everest Court as a community hub.

In order to satisfy Jim Martin, the council leader's suggestion, that we explore the possibility of use of other public buildings in the village for our community hub, we have undertaken extensive investigations of the Village Hall, Methodist Church and the Tayne Centre. Unfortunately, none of these venues would be suitable for what we are trying to achieve.

The attraction of Everest Court is the commercial kitchen which would be used by a catering company to provide lunches and other refreshments, as well as other spaces suitable for a thrift shop and space for groups to meet; this can all be accommodated on the ground floor of Everest Court.

We are in the process of requesting a further meeting with Mr Martin and FHDC officers, now we have concluded our review of alternative venues and know that they are unsuitable.

**We are also calling a Public Meeting on 10th September at 7.30pm at the Methodist Church and hope that you will come along to receive an update on all the work so far.**

We would very much value your attendance at this meeting and your continued support to this venture.



### – the locally based Lyminge Choir

As local community choirs go, **Cantores** has been around for a relatively long time, formed the better part of fifty years ago in 1979. It has been based in Lyminge for a few decades and has played a significant part in the musical life of the village ever since. The repertoire performed covers a wide range to suit most tastes, including classical sacred items, folk songs and music from popular shows. The current year's events began with a performance of Fauré's Requiem at Elham parish church in May, followed by a lighter Prom concert in July at Lyminge Village Hall, which included vocal medleys from The Sound of Music and South Pacific. In addition, there will be a Christmas Concert also at the village hall on 13th December at 6pm. From time to time **Cantores** joins forces with other local choirs for a specific performance, a case in point being linking up with Dover

Choral Society for Part 1 of Handel's Messiah on 29th November later this year.

Rehearsals are held weekly during term time on Wednesday evenings from 7.15 to 9.15pm (but there is a mid-session coffee break during the two hours!). We start on the 3rd September—usually it is held in Lyminge Village Hall, but for the first rehearsal only it will be at the Methodist Church.

**Cantores** is keen to encourage new members into its ranks of enthusiastic singers—apart from being a fun pursuit, studies have revealed that singing is good for your general health and wellbeing (both physically and mentally). The present writer, having been with the choir for four years (joining the basses to begin with, but more latterly as the accompanist), can confirm we are a friendly bunch! It should be added that no audition is necessary to join, and an ability to read music is not essential (not all our current members can do this). Fortunately, there are various resources available online now that can help in this respect.

If you have never tried choir singing before (or indeed if you have) you would be most welcome to come along to one of our sessions. Further information is available by contacting Alison at hendya@btinternet.com or on 078130 71867.

*John Mitchell*

(choir accompanist; 01303 86434)



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Registered Charity Number: 293968



supporting people coping with  
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Julie watt  
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## LYMINGE HISTORICAL SOCIETY

Our next meeting will be at 7.30pm on Tuesday 2 September  
at The Tayne Centre, Church Road, Lyminge CT18 8JA



### Engineering Richborough

*Speaker: Colin Varrall*

Members Free

New members and visitors are always welcome  
Visitors: £5 Payable on the door

All our publications are on sale at our meetings,  
at Lyminge Library and at Lyminge Village Store

#### FORTHCOMING MEETINGS

Our monthly meetings for 2025 will continue with:

7 October: 30 Years of Bother on the Hover – Brian Laverick-Smith  
4 November: A History of Canterbury in a little less than 100 objects – Martin Crowther  
2 December: Jane Austen in Kent – John Buss (preceded by the AGM)

# It's time for a Macmillan Coffee Morning and you're invited

Let's do whatever it takes  
to support people living with cancer.

**Place:** Valley Methodist Church,  
Lyminge

**Date:** Saturday 27th September

**Time:** 10am to 12 midday



**MACMILLAN  
CANCER SUPPORT**

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Macmillan Cancer Support, registered charity in England and Wales (081017), Scotland (SC039907) and the Isle of Man 18041. Also operating in Northern Ireland. MAC19503\_invitePoster

"You can't help what you feel,  
but you can help how you  
behave."

**Margaret Atwood**

## POPPY APPEAL 2025

Last year the Poppy Appeal collection across this district reached £16,587.71 and I'd like to thank everyone for your kind and generous contributions.

Preparations are now underway for the 2025 collections and volunteers are sought to either complete a small house-to-house collection over the weekend of 27/28 October, and/or to man a stand at Lidl Hawkinge during the period 27 October – 8 November.

If you can spare a couple of hours during this time and would like to help such a vital and meaningful charity, please do get in touch.

Susan Foster, Poppy Appeal Organiser 07734 383691 or  
email to [susanfoster61@btinternet.com](mailto:susanfoster61@btinternet.com)

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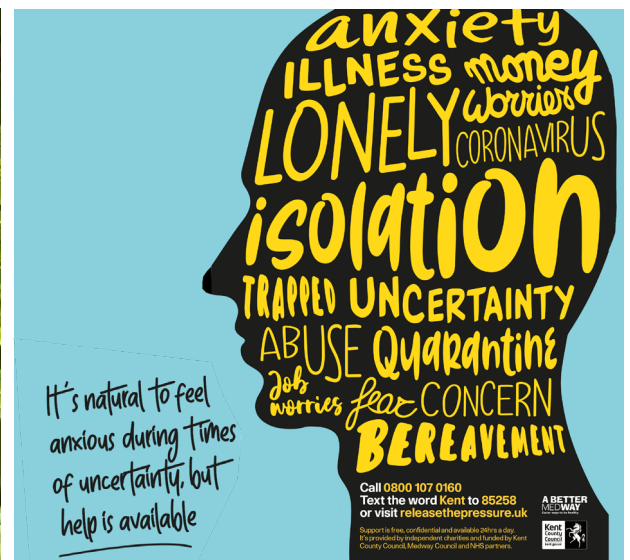
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**LYMINGE AND  
ELHAM  
VALLEY  
STROKE  
SUPPORT**



**15<sup>th</sup> September 2025**  
We are hosting a presentation by  
**Kent, Surrey and Sussex  
Air Ambulance**

Join us for what should be a fascinating talk

**11.00 am**  
at  
**Lyminge Parish Church**

**Refreshments and  
Tombola - all  
proceeds to KSS Air  
Ambulance**

*Any donations of refreshments or  
prizes for the tombola very  
welcome - drop off on the day or  
contact Fran on 07846 177 409*

Our 1<sup>st</sup> September meeting will  
be at the Coach & Horses as  
usual, starting at 10.00am

*For more information, to check the  
dates of future meetings/events, or  
if you would like support but are  
unable to attend the meetings  
Email:  
[Lymingestrokesocial@gmail.com](mailto:Lymingestrokesocial@gmail.com)  
or Telephone Fran on 07846 177  
409 or Heather on 07427 664 084*

FOLKESTONE HYTHE OPERATIC AND  
DRAMATIC SOCIETY PRESENTS

# COME FROM AWAY

BOOK, MUSIC AND LYRICS BY  
**IRENE SANKOFF AND DAVID HEIN**

**FRIDAY 12<sup>TH</sup> & SATURDAY 13<sup>TH</sup> SEPTEMBER**  
**FRIDAY 19<sup>TH</sup> & SATURDAY 20<sup>TH</sup> SEPTEMBER**  
(TWO PERFORMANCES ON THE 13<sup>TH</sup> & 20<sup>TH</sup>)



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DRAMATIC SOCIETY

Every 4th Sunday  
9.30 - 12.30

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**28 Sept**  
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**23 Nov**  
**28 Dec**

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# Singing FOR ALL

Funded by the National Lottery, everyone is welcome – no matter your experience!

**FREE** and booking is not required.

For further information call us on 01303 269602

## DATES FOR YOUR DIARY

We return  
Wednesday  
17<sup>th</sup> and 24<sup>th</sup> September  
11:30AM – 12:30PM  
at the Methodist Church.  
Church Rd, Lyminge, CT18 8JA



Registered charity number 1125274.  
Company number 6589817.  
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## Information & Advice: Drop In Sessions

Every Monday  
Drop In Sessions are  
open from 10AM - 1PM

Lyminge Library, 7-9 Station Rd,  
Lyminge, Folkestone CT18 8HS

Need support with benefits, available services or other issues affecting later life? Our Information & Advice Drop-In offers free, confidential guidance on a range of topics, including:

- ✓ Benefit checks to see what you may be entitled to
- ✓ Blue Badge applications
- ✓ Local community resources
- ✓ Health & wellbeing services

No appointment needed—just drop in and speak with our friendly team!

Call **01303 269602** for more information



Registered charity number 1125274.  
Company number 6589817.  
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## AGE UK

### Are you concerned about your memory?

#### Information and Advice

is available to those by telephone, centre-based visits and home visits. We have a team of expert Information and Advice Officers who can help to maximise income by completing benefit checks to ensure individuals are receiving all they are entitled to. Our team are there to support individuals complete forms, using the right terminology for a more positive outcome. This service is free and available by appointment or drop into one of our many Dementia Cafés.

#### The Dementia Co-ordination Team

will work with and support those living with dementia, including family and carers. The Dementia Co-ordinators will be there to help from pre-diagnosis, to support people to get a diagnosis, to access support services and provide the guidance they need to live as independently as possible within their communities. Free and available by appointment.

#### Dementia Cafés

offer a safe place to socialise, meet others, ask questions and learn more about dementia and local services, whilst enjoying a hot drink and a slice of cake. Free, groups held at various locations throughout the month.

#### MCST (Maintenance cognitive stimulation therapy)

is a programme that meets weekly for 1 hour 30 minutes for people living with mild dementia. Group members take part in meaningful and stimulating activities, proven to help maintain memory and mental functioning. The group provide a fun, supportive environment where people can build new friendships.

#### Dementia Drop-in Clinics

are available for you to connect with local agencies who support and offer advice for those living with dementia including the local Memory Service.

#### Daybreak services

offer activity-based day care in a safe and secure environment for people living with moderate to late-stage dementia who need a little more support or have additional needs. As well as providing a meaningful day for participants, it can provide a day of respite for family or carers.

Services delivered at our bespoke hub at Age UK Hythe, Stanford House, Stade Street, Hythe CT21 6BD.

Transport is available on request.  
For more information or to speak to one of the team call:

**01303 269602, dementialead@ageukhla.org.uk**

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For more information, please  
contact the admin team 01303 269602  
admin@ageukhla.org.uk

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Company number 6589817. © Age UK Hythe and Lyminge 2025





# LYMINGE PARISH COUNCIL

*For Lyminge, Etchinghill and Rhodes Minnis*

## **CONTACT INFORMATION:**

GENERAL - [clerk@lymingeparishcouncil.org.uk](mailto:clerk@lymingeparishcouncil.org.uk)

HANDYMAN - [fred@lymingeparishcouncil.org.uk](mailto:fred@lymingeparishcouncil.org.uk)

NEIGHBOURHOOD PLAN:

[neighbourhoodplan@lymingeparishcouncil.org.uk](mailto:neighbourhoodplan@lymingeparishcouncil.org.uk)

As many of you know, our Parish Clerk, Chani, is now on maternity leave – we very much wish her and her family every happiness as they await the arrival of their new baby.

In the meantime, we're delighted to welcome Simon Horton as the new Locum Clerk for Lyminge Parish Council. Simon brings with him over 50 years of experience in the banking and finance industry (starting at a very young age, as he likes to point out!).

He lives in Sandgate, where he serves as a parish councillor and chairs two committees, including Finance. His interest in parish life began during a two-year role with Sandgate Parish Council as their Responsible Finance Officer and Deputy Clerk. Known for being approachable, fair, and highly organised, Simon has a real talent for bringing people together and getting things done. His skills, energy, good humour, and commitment to supporting both the council and the community make him a fantastic addition to our team.

## **COUNCIL NEWS**

We are hoping to soon move to our new home in Lyminge Village Hall, where we will have a designated space to work from each week.

Watch this space for further information!

[www.lymingeparishcouncil.org.uk](http://www.lymingeparishcouncil.org.uk)  
mobile: 07999 403948

[clerk@lymingeparishcouncil.org.uk](mailto:clerk@lymingeparishcouncil.org.uk)

# LYMINGE PARISH COUNCIL

*For Lyminge, Etchinghill and Rhodes Minnis*

## Council News

**We have recently received a number of complaints about dog fouling in our Parish. Please report any complaints to:**

**<https://www.folkestone-hythe.gov.uk/report>  
Choose the option -  
Dog Fouling.**

## Who We Are

**Chairman of Lyminge Parish Council:**  
**Cllr Shaun Pottage**

**Committee Chairs:**  
**Neighbourhood Plan:**  
**Cllr Sue Baldwin**  
**Planning and Licensing:**  
**Cllr Emily Arnold**  
**Community Engagement and Events:**  
**Cllr Sarah Fagg**  
**Finance and Administration:**  
**Cllr Sandra Harrison**

**Councillor contact details can be found on our website**

## Meeting Dates

The following meetings all take place at  
**LYMINGE VILLAGE HALL**  
**NEIGHBOURHOOD PLAN - 2 SEPT - 17.30**  
**FINANCE AND ADMIN - 2 SEPT - 18.30**  
**COMMUNITY ENGAGEMENT AND EVENTS - 3 SEPT - 18.30**  
**FULL COUNCIL - 9 SEPT - 19.00**

**ETCHINGHILL VILLAGE HALL**  
**PLANNING AND LICENSING - 18 SEPT - 09.30**  
Any additional meetings will be on our noticeboards and website.

## Neighbourhood Plan

We are ready to establish the working groups and would be very keen for you to join the groups and develop the plan together as a community. The proposed groups are as follows:

- 1) Ecology and Environment (Environment)
- 2) Local Economy
- 3) Buildings, Usage & Connectivity (Design Guidance Codes, History & Heritage)
- 4) Community Infrastructure and Assets (Community)

Frequency of the group meetings are yet to be determined.

Please would you let the Parish Council Clerk know by return if you would like to join one of the working groups.

email:

[neighbourhoodplan@lymingeparishcouncil.org.uk](mailto:neighbourhoodplan@lymingeparishcouncil.org.uk)

[www.lymingeparishcouncil.org.uk](http://www.lymingeparishcouncil.org.uk) [clerk@lymingeparishcouncil.org.uk](mailto:clerk@lymingeparishcouncil.org.uk)  
mobile: 07999 403948



## Thoughtful Food....

...is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We also run a community allotment in Lyminge and welcome new members.

**Contact:** [thoughtfulfoodgroup@gmail.com](mailto:thoughtfulfoodgroup@gmail.com) or on Facebook and Instagram [@thoughtfulfoodgroup](https://www.instagram.com/thoughtfulfoodgroup)

Next **Thoughtful Food** meeting, **Monday 29th September, 7.30pm, Coach & Horses**

*'Nature is the greatest devourer of man's endeavours'* Lucy Lippard

Article 7 in our series on permaculture advocates working with nature, not against it.

It's pretty hard work to row against the tide of nature, and wastes a lots of energy, time and resource, so our next principle is 'Work with nature, not against it'

### **Principle: Work with nature, not against it**

Because nature has been so marginalised in our world, we often barely consider it when going about our lives and making our choices in the world. As a result, we can sometimes find ourselves battling against nature, which is supremely more powerful than we are! This principle helps to highlight solutions that avoid that battle, but more importantly involve harnessing the power of nature to our benefit.

#### **In action**

On a bigger scale, renewable energy sources like wind and wave power involve this principle in action. We can use it on a smaller scale too - leaving the leaves is a great example.

Raking up leaves in windy autumn and winter conditions can be hard work, and interrupts nature's cycle of replenishing the soil with dropped and decaying foliage from above. It also reduces habitat for insects, which provides a food source for birds. Rather than working against nature, just letting the leaves fall and rot will enrich your garden (maybe less need for artificial fertilisers?). Everyone wins!

### **This year it is striking to see how early both wild and cultivated fruit and vegetables are appearing.**

Blackberries are prolific around the village so there are plenty for all the foragers! Apple trees at the sides of the road are free for all and the elderberries are here at the same time as the blackberries! It's potentially a busy time of year for capturing and storing this bulk of food. I'm sure you have many ways you already make use of the bounty!

**FREEZE FREEZE FREEZE!** Most fruit and veg will freeze well especially if you open freeze first then place the frozen fruit in a bag or container to take up

less space. This applies to all currants, blueberries, elderberries and raspberries. I like to mix them together for future use however I like!



For apples, peel and core and chop into smallish pieces, place in freezer bags or boxes saved from butter or margarine or ice cream (thank you Phil Wilson - our local apple expert). This has to be done quickly to prevent the fruit browning.

Alternatively, if you have a huge number of apples you can invest in a juicer and have great fun and satisfaction from seeing the apples rapidly reduced to juice. The remaining dry matter does well on the compost heap. Pasteurise (rolling boil) the juice then freeze as quickly as possible in plastic bottles. Don't fill them completely full otherwise the bottles will burst when it expands!

The jury's out on whether you need to blanch beans before open freezing or just trim them as you would for cooking fresh. Perhaps you could let us know. Never quite as good as the fresh ones but not too bad! Better to eat them fresh from the plant!

Plums and stone fruit do freeze well fresh but you can de-stone them, cut in half and pack in old margarine/ butter/ ice cream boxes or freezer bags or cut in half, de-stone then stew them gently with maple syrup, honey or agarve syrup until softened then pack as the apples then freeze.

### **Soups**

Tomatoes and courgettes. Roast together with fresh basil and make into soups then freeze the extra soup in containers. I find the large yogurt containers ideal for this. The only trouble is my husband gets confused with the contents of yogurt containers in the fridge because I forget to label them! (Editors tip, write on the containers with a Sharpie pen) In these warmer autumns I have still picked tomatoes and beans well into October - but I have kept feeding them and kept watering which I used to finish about the

beginning of September because the temperatures were lower.

It's too late now to sow any crops but you could get away with planting out ready grown plants of kale and spring cabbage and leeks - better do it before the second week of September.

**FINAL TIP!** Cooking sweetcorn the best and tastiest way. Leave it in its husk and just put in the microwave for 2 minutes then peel off, butter and salt generously and munch!

Sometimes the simple recipes that remind us of our childhoods are the best.

### **Easy Baked Apples**

On sunny days serve with ice cream or cream. Add custard on those chillier autumn days.

#### **Ingredients**

- 50g butter
- 1 orange, zest and juice
- 50g light brown soft sugar
- ¼ tsp ground ginger
- ¼ tsp ground allspice
- 100g dried mixed fruit (currants, sultanas, candied peel)
- 4 large sharp eating apples, such as Evita, Jonagold, Granny Smith, Braeburn
- crème fraîche, to serve



#### **Method**

1. Preheat the oven to 220C/200C Fan/ Gas 7. Melt the butter in a small pan over a medium-low heat. Take the pan off the heat and add the orange zest and juice along with the sugar and spices. Stir well to combine, then add the dried fruit. Set aside.
2. Core the apples, pushing the corer about three-quarters of the way through the apple, to make a container for the filling.
3. Put the apples cored side up into a deep-sided roasting tray, into which they fit snugly. Fill the empty cores with the spiced fruit mixture. Don't worry if the filling spills over a little: when the apple releases its juices as it bakes it'll create a delicious spiced apple caramel in the bottom of the tray.
4. Bake the apples on the bottom shelf of the oven for 20 minutes, or until the apples are soft.
5. Serve the apples with a generous spoonful of the roasting juices.





## Second Hand September

is where you challenge yourself to only buy second-hand for 30 days in September for the sake of the planet.

Fashion has become one of the most polluting industries on the planet. Excessive consumption of clothes produced in high volume at low costs, has led to a throwaway culture that leaves millions of clothes in landfill every year. With precious resources like water used in their production, all of this is putting pressure on our environment.

So, what can you do?

Shop Second hand... With so many charity shops around and apps like *Vinted* it is so easy to find an absolute bargain. Nothing quite beats the feeling when you get complimented on an outfit and you can smugly say 'I got it from a charity shop!'

It's never been easier to have a clear out.... With the hot weather coming to an end and us looking towards more cosy clothes for the colder season ahead, why not have a sort out of your summer clothes before you put them away. Are there items you haven't worn this year? Or are there items that just don't look right anymore? By recirculating our clothes – buying, wearing and donating second hand – we can help to reduce the demand.

Whatever your style, whatever your budget, Second Hand September is for everyone.

- **Shop Second-Hand:** Visit local charity shops, vintage shops, or explore online marketplaces to find unique, pre-loved fashion items. By buying second-hand, you reduce demand for new clothes and help keep textiles out of landfills.
- **Host a Clothing Swap:** Organise a clothing swap event with friends, family, or your community. Swapping clothes is a fun and sustainable way to refresh your wardrobe without buying anything new.
- **Repair and Reuse:** Instead of discarding damaged clothes, learn basic sewing or take your items to a tailor to extend their life. Repairing garments helps reduce waste and promotes a more sustainable lifestyle.
- **Donate Unwanted Clothes:** If you have clothes you no longer wear, consider donating them to charities or thrift stores. Donating helps extend the life cycle of clothing and supports communities in need.
- **Raise Awareness:** Share your Second Hand September journey on social media, using hashtags and encouraging others to join the movement. Highlight the benefits of second-hand shopping and sustainable fashion choices.

## The Big River Watch

From 19th – 25th September, help The Rivers Trust by surveying a local river using their Big River Watch App.

Our rivers are far from healthy in the UK and are often polluted with sewage, chemicals and rubbish. To help restore them, The Rivers Trust need more information about how they are doing. Help them identify and locate problems so that they can organise river clean ups or places which could benefit the most from the creation of wetlands and management.

### How to take part:

#### Step 1: Download the App

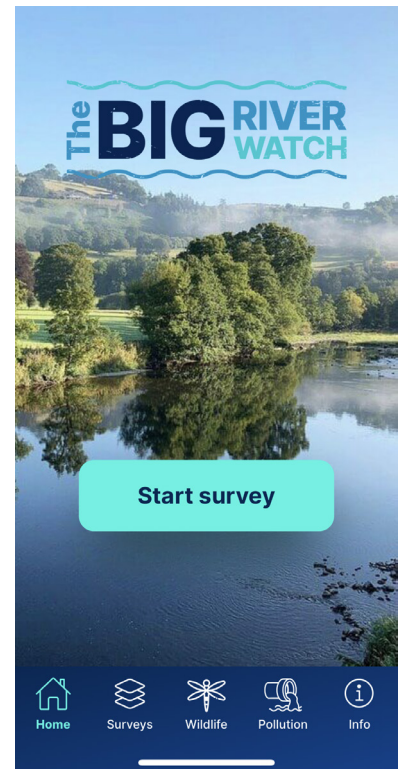
Download the free Big River Watch mobile app before visiting a river

#### Step 2: Complete the survey by the river.

Spend 15 minutes watching the river and answer the questions in the survey about what you see, from wildlife and plants to signs of pollution.

#### Step 3: Upload your survey

Press submit and upload your survey.



## Lyminge Primary School...

....has been fortunate enough to be awarded £1000 from Folkestone and Hythe District Councils Green Grant towards creating a sensory garden in the school for the children to use.



If you are a local business or resident that could supply them some plants, soil or even build some planters then please contact Matt Day at [Headteacher@lyminge.kent.sch.uk](mailto:Headteacher@lyminge.kent.sch.uk). Any help would be gratefully received.

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## Railway Readers 1

Interested in sharing your love of reading with a friendly group of like-minded people?

Railway Readers 1 book group meet every month at Lyminge Library to discuss a chosen text and are always looking to recruit new members.

Meeting place: **Lyminge Library - 1st Tuesday of every month, 2pm.**

Contact the library for further details:  
[lymingelibrary@kent.gov.uk](mailto:lymingelibrary@kent.gov.uk)



## The Lyminge Association AGM

16th October 7 for 7.30pm

Lyminge Bowls Club, Woodland Road, CT18 8EW

### Lyminge Friends

**Lyminge Friends** held their Summer Lunch on the 6th August. They were joined by Rev'd Carol Bates, and the event was very-much enjoyed by all who attended.





# Garage Sale and Table Sale - Sunday, 14 September 2025

Name .....

Address .....

Telephone number ..... Email .....

The highlights of our sale will include: .....

*We reserve the right to edit your list owing to limited space on the printed list – Max 70 characters.*

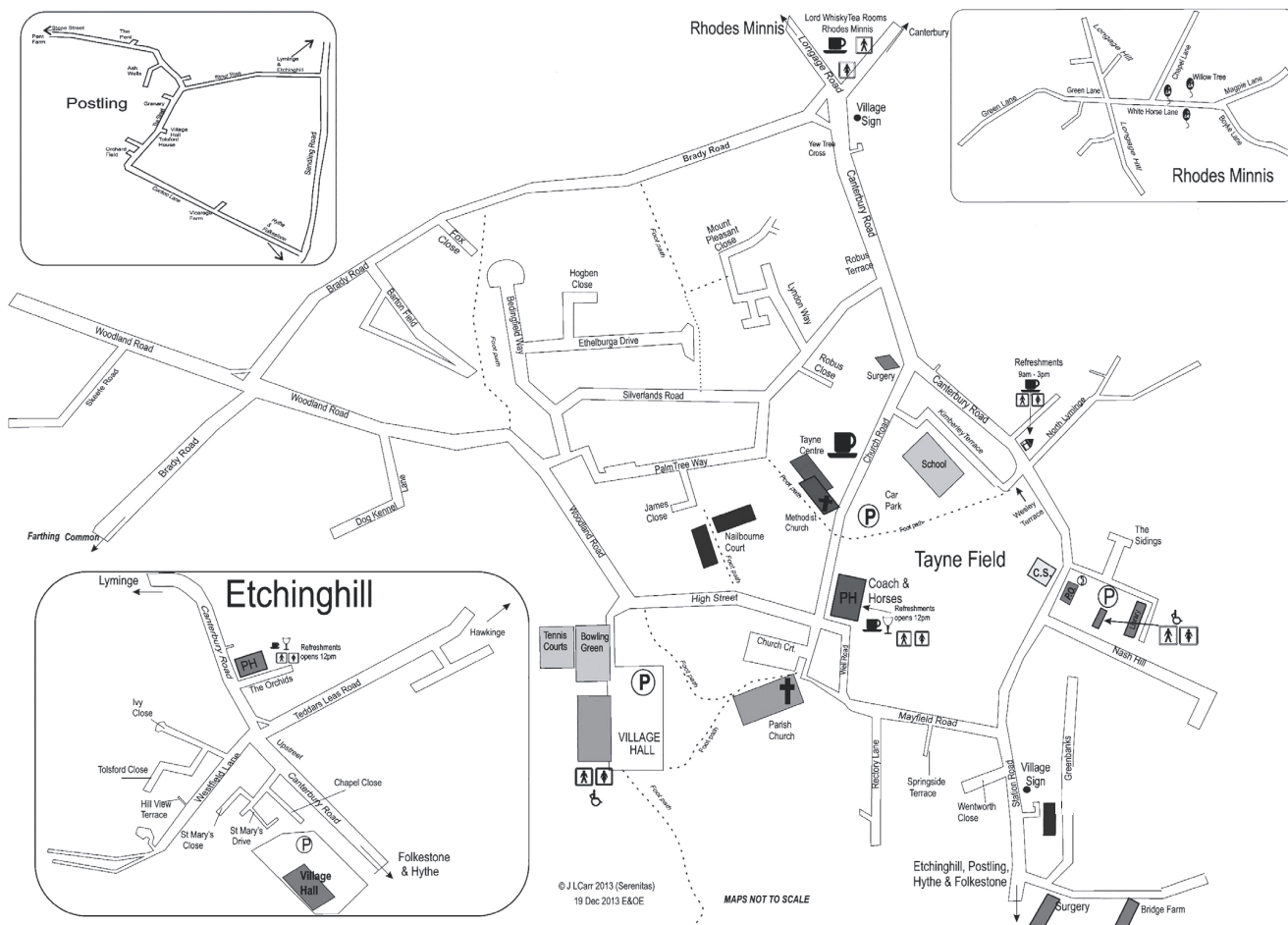
Please clearly mark your location on the map below so that you can be included on the map and you can be easily found by the potential customers!! Unfortunately, you will not be included on the map if this is not done.

Tables will be available at Lyminge Village Hall for those who would prefer to be indoors on a first come, first served basis as space can be limited. If you book a table at the Village Hall, then please mark the map at the Village Hall - this is also where maps and refreshments will be available. Setting up at the Village Hall will start at 8am.

If you **DO NOT** wish your address and sale details to be put on the Lyminge Association website, please put an **X** in this box ☐

**When complete, please take this form by TUESDAY 9th SEPTEMBER at the very latest, together with a fee of £5 in the envelope provided to either Coffee Cabin, Canterbury Road or Snippers and Clippers, Station Road. Please DO NOT FORGET to put your name and address on the envelope.**

**Please ring Steve on 01303 863600 for further information.**





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**EMAIL:** [admin@lymingevillagehall.org.uk](mailto:admin@lymingevillagehall.org.uk)

**INFO:** 07547 545 601

Full pricing can be found on our website.

**Guideline prices:**

Main Hall hire: £88.40 (Fri / Sat evenings)

£47.60 (Sat / Sun morning or afternoon)

Find us on Facebook

Registered charity 28145

## ETCHINGHILL VILLAGE HALL HIRE FEES

The next time you are thinking of holding a function why not try Etchinghill Village Hall, which holds the highest Hallmark accreditation level (Hallmark 3), with its excellent facilities, including ample parking space.

The standard hire charge for the main hall and kitchen are:

ANY DAY OF THE WEEK ANY TIME £15 PER HOUR

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The use of a separate Committee Room is also available.  
For all bookings or enquiries please contact:

**The Duty Manager on 07514 758936**

## Rhodes Minnis Village Hall

Charity No.800345

Rhodes Minnis Village Hall is located 2kms (1¼miles) from Lyminge and just off Longage Hill and Whitehorse Lane in Chapel Lane.

The hall is ideal for children's parties, band practice, quizzes, meetings, wedding receptions, fundraising events and much more. It has a fully equipped kitchen and baby changing facilities .

**Rates**

Mon to Fri £18 per session £48 all day

Sat & Sun £23 per session

£33 for evening session and £69 all day

**Sessions**

AM session 08.30 - 12.30

PM session 13.30 - 17.30

Evening session 18.00 - 23.45

Separate rates for Bank Holidays and New Year and special rates for regular users.

For all bookings and enquiries please contact:

**Mick & Dorothy Athow: 01303 862616**

e-mail: [booking-rmvh@outlook.com](mailto:booking-rmvh@outlook.com)

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Contact Tel: 07716521405 or [taynecentre@outlook.com](mailto:taynecentre@outlook.com)

## Lyminge Library Opening Times

Monday	10am - 2pm
Tuesday	10am - 1pm, 2pm-5pm
Wednesday	10am - 2pm
Thursday	10am - 1pm, 2pm - 5pm
Friday	10am - 2pm
Saturday	9am - 1pm

Tel: 03000413131 [lymingelibrary@kent.gov.uk](mailto:lymingelibrary@kent.gov.uk)

**The Lyminge Newsletter**  
can be viewed online at  
[www.lyminge.org.uk/newsletter/](http://www.lyminge.org.uk/newsletter/)

## The Lyminge Association

*We're here to support and develop our community!!*

**Contacts:**

**Chair:** Peter Barnes 01303 863737 or  
07808775302 [pbarnes20@icloud.com](mailto:pbarnes20@icloud.com)

**Treasurer:** Janet Fry 01303 863177  
[janet@rhodesminnis.org.uk](mailto:janet@rhodesminnis.org.uk)

**Minutes Sec:** Heather Dunford

**Committee Members:**

Marian Chubb, Richard Chubb, Stephen Guyatt, Gillian Heywood, Robin Mackonochie,  
Derek Smith, Penny Stephens, Adrian Willcox (deputy chair), Bernie Wood, Martin Wood

**Newsletter:** As for Peter Barnes above.

**Please contact the Chair or Treasurer if you need any financial support for your charity.**



## Lyminge Baby & Toddler Group

We are excited to welcome you to our local parent, baby and toddler group.

Please come along, meet new mums and dads for a chat and a play.

It costs £3.50 with tea and coffee provided along with snacks for your child.

Tuesdays, term times only. 10am to 12noon at the Tayne Centre.

First session is free.

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Contact Ellen at 07870405567.

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✉ [LYMINGEPRESCHOOL@GMAIL.COM](mailto:LYMINGEPRESCHOOL@GMAIL.COM)

## Etchinghill Baby & Toddler GROUP

10.15-11.30am every Wednesday  
at Etchinghill Village Hall  
£2.50 per child

Come along to Etchinghill's Parent and Toddler group welcoming all pre-school children. We have plenty of toys and snacks for the little ones, and there is always tea, coffee and cakes for the adults. For further information call Ruth on 07817777975, look at Parent and Child Etchinghill Facebook page or email us as [parentandchildetchinghill@gmail.com](mailto:parentandchildetchinghill@gmail.com).



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- 📍 Outward Bound at Lympe
- 📍 Forest School in Lyminge

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There are route 17 buses at 0642, 0748, 0909 (0919 on schooldays), 0944, 1044, 1144, 1244, 1344, 1444, 1619, 1624 (schooldays only), 1704, 1804, and 1904.

**SATURDAYS**

There are route 17 buses at 0749, 0844, 0944, 1044, 1144, 1244, 1344, 1444, 1544, 1644, 1744, 1844, and 1929.

On Mondays to Saturdays there are also route 18 buses to Sandling Station & Hythe - for times see our website or call the number below.

**SUNDAYS & BANK HOLIDAYS**

There are route 17 buses at 1032, 1302, 1532 and 1802.

To Canterbury city centre via Bham, Barham & Bridge  
From Lyminge, Wesley Terrace

**MONDAYS TO FRIDAYS except Bank Holidays**

There are route 17 buses at 0732, (0752 during school holidays), 0903, 1013, 1043, 1143, 1243, 1343, 1443, 1613, 1733, and 1858.

**SATURDAYS**

There are route 17 buses at 0742, 0842, 0943, 1043, 1143, 1243, 1343, 1443, 1543, 1643, 1743, and 1843.

On Mondays to Saturdays there are also route 18 buses to Canterbury via Stelling Minnis and Bevingham - for times see our website or call the number below.

**SUNDAYS & BANK HOLIDAYS**

There are route 17 buses at 0903, 1133, 1403, and 1633.

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## Change is afoot...

The newsletter is currently undergoing a soft redesign to improve its appearance and make it more modern looking and easier to read.

Over the next few months, the pages will gradually change slightly in layout and design, but be reassured, the content will remain much the same.

I'm very grateful for the help and support being given by Jo Legg of Flair Creative Design. She is a self-employed graphic designer who lives in Lyminge.

**Jo Legg**

**Flair Creative Design**

**Email: [jo.legg@flair-design.co.uk](mailto:jo.legg@flair-design.co.uk)**

**Tel: 07306 48216**



Many thanks Jo - your support is most welcome.

*Peter* (editor)

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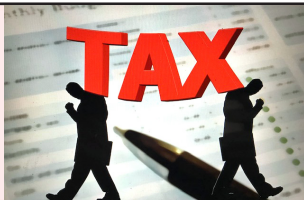
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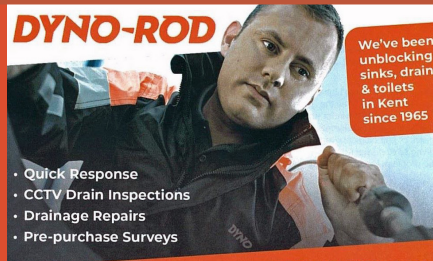


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**Lyminge Parish Church  
hosted a  
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## VJ 80

With just one Rector covering both Elham and Lyminge, the VJ80 was celebrated in Elham.

However, the fallen from Lyminge were not forgotten. The Branch Chairman of The Royal British Legion laid a wreath on the War Memorial in the grounds of Lyminge Parish Church on Friday 15th August.



## Rhodes Minnis Village Hall Summer Show

With the weather being very dry and hot prior to the show date, it was surprising the amount of produce that was on show. The increase in entries along with 20 people taking part, it proved to be a very successful show. We hold 2 shows each year, Spring and Summer, and encourage everyone to come and join us at these events.

### Results:

- Harrowing Cup** - Exhibitor with most points in show – Colin Lambert
- Saxby Cup** – Most points in the Vegetable section – Colin Lambert
- Wiltshire Cup** – Most points in Flower section – Dorothy Athow
- Griffiths Cup** – Most points in Domestic section – Carol Lambert
- Woodruff Cup** – Most points in Floral Art section - Carol Lambert
- RM Sports Club Trophy** – Most points in Photographic section - Gerry Newman
- Athow Tankard** – Most points in crafter section – Dorothy Athow
- Killick Cup** – Class winner sweet peas – Richard Copland
- Flack Cup** – Class winner perfumed rose – Carol Lambert
- DT Brown Cup** – Class winner for 3 blooms – Cerys Price
- Bennett Shield** – Best exhibit in show – Sue Baldwin







## LYMINGE THEN AND NOW

Our monthly look at how Lyminge has changed over the years, with thanks to Lyminge Historical Society.



We are looking here at the west side of Station Road just before the sharp bend where it becomes Canterbury Road. Both of these buildings were constructed at the very beginning of the 20th Century, and for a while, they stood on their own with empty plots to either side. That had all changed by 1911 by which time the row of buildings we know today were all standing. This area became the economic heart of the village following the arrival of the railway in 1887, replacing the High Street.

The picture on the left dates to shortly after the Second World War. To the right of the picture is the bakery then run by Charles and Amy Brown. This shop had always been a bakery, and was

run initially by Walter and Mary Potter and their niece Edith, and then after the First World War by Franklin Hornby, his wife Lilian and brother Ernest. Many residents may still remember the wonderful bread baked in the brick ovens by Bernard Hayward, the last baker on this site and the smell of spicy hot cross buns that would waft across the village at Easter time. Sadly these ovens were removed with the historic pitch-pine shop fittings by the next business on the site, which itself lasted only a few years. Today, the Chinese takeaway China China shows how the needs of today's villagers have changed and fast food finds more of a local market than artisan bread.

Next door to the bakery was the estate office of the firm of Messrs Finn-Kelcey, auctioneer and property manager. The five rooms above were let, and in 1911 were occupied by James Watt, a groom and domestic gardener from Canterbury, his wife Alice and their teenage son Frank, who worked as a houseboy. Over the years businesses have come and gone. Some may remember the insurance and financial services business of Harold Stenning, which also operated as a building society agency, providing services on the high street before they went on-line. Subsequently, a number of estate agency businesses have operated from this office, and today this continues with Laing Bennett, the current occupants.

## Just Men Singing help raise funds in Lyminge



A packed audience was entertained to a wide variety of choral work by 'Just Men Singing' in the parish church, St Mary's and St Ethelburga's. The choir enjoy 'singing for the serious fun of it' and this concert in July was to entertain and help to raise funds for the upkeep and development of the church. In total they raised £353.

Formed in 2023, they are based in Eythorne and would welcome any newcomers.