

THE LYMINGE NEWSLETTER

For the communities of LYMINGE, ETCHINGHILL, RHODES MINNIS and POSTLING

May 2024

Produced by
THE LYMINGE ASSOCIATION
www.lyminge.org.uk

From The Lyminge Association

The Lyminge Association's

SPRING QUIZ

WHEN ? Saturday
18th MAY 7pm

WHERE ? Lyminge Village Hall

Raffle

Bring your own supper, drinks, glasses and cutlery
ONLY £4 per head
Teams - maximum of 8

Call Dave on 01303 862928 to book a place/table

SPRING QUIZ

Back by popular demand, Dave and Honor have prepared another quiz for us all. You are welcome to bring your own food, drink, cutlery, plates, glasses, etc...and black bag for your rubbish. This quiz has always proven to be a very popular event and consequently the tables are filling up fast.

So ring Dave (01303 862928) to book your seat/table.

THE LYMINGE ASSOCIATION



Lyminge SHOWCASE

Do you know what's happening in Lyminge?

The Groups, Clubs and Societies which run activities and events in and around Lyminge are coming together on

Saturday 1st JUNE 2024

Come along and see what's on offer, and discover something new!

Lyminge Village Hall
Midday until 4.00pm

FREE Admission

FREE PRIZE DRAW!

LYMINGE SHOWCASE

With over 20 organisations registered for this afternoon event (12noon - 4pm), Lyminge Showcase should prove to be a very useful time for many people from our area. It provides an opportunity for all organisations to explain what they are about.

Margaret Saunders' Meanderings

I have recently been with a small group of secular Franciscans on a pilgrimage to Assisi, so my next two meanderings will be from Italy.

Assisi is a city of steps. Set on a hilltop in Umbria overlooking a valley which stretches from Perugia to Spoleto, its medieval streets are steep and narrow, each level connected by flights of wide shallow steps which wind and twist their way up and down, revealing hidden treasures: miniature frescos depicting scenes from the life of St Francis; pots full of vibrant coloured plants; door knockers in the shapes of lions or faces; water fountains with weather-worn animal heads spouting out water; medieval style lanterns high up; old letterboxes set into walls; heavy wooden doors, reinforced with iron studs; arched 'bridges' joining two buildings above the street. Metre long iron wall ties help support and strengthen the walls of houses, all built in the local pink coloured stone – this is an earthquake zone and in 1997 two earthquakes hit the region around Assisi, one of 5.7 and the other 6.0 on the Richter scale, killing ten people and damaging and destroying many of the buildings, including the famous Basilica of St Francis where unique ceiling paintings by Giotto and Cimabue were destroyed.



Named a UNESCO World Heritage Site, Assisi is also known as the City of Peace. Despite the large number of tourists that visit, the town remains quiet, clean and safe. Due to the narrowness of the medieval streets, a one-way system operates and pedestrians have to press against the walls of the buildings to make room when a car passes.

The nights are quiet and peaceful, and the dawns are heralded by birdsong followed by chimes from the many churches that abound, the timbre so different from our own church bells. As I look out of my window in the early morning, mist lies along the valley pierced by tall dark green Cypress trees with the mountains forming a backdrop on the opposite side. In the time of St Francis, in the early 13th century, this valley was a mosquito ridden swamp but now it is fertile land divided into rectangular fields, so unlike our own with their meandering hedge-lines.



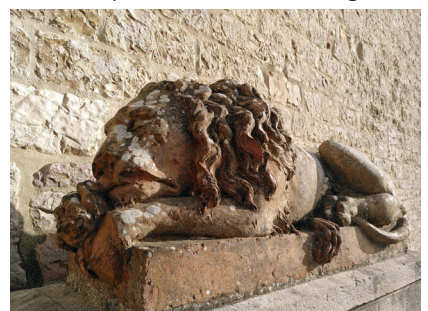
It is Sunday morning and the sound of bells fills the air as we walk down to the church of San Damiano, where we will attend morning mass. We walk past the Fontana del Tre Leoni, through the town where shops and cafés are beginning to open, and along the Via Borgo Aretino where shops border one side, the other giving an open view across the valley. On Saturdays, this street is full of market stalls where the townsfolk shop for food, carrying away bags of interesting looking vegetables. Palm tree leaves, fanning out from their stems, quiver and rustle in the morning breeze and bees move from flower to flower. Once through the archway of the Porto Nuovo, which forms the eastern entrance into the walled city, we bear right down a flight of steps and onto the paved pathway, the Via San Damiano, which leads to the church. Olive groves lie either side with their old gnarled and twisted trunks and silver-grey leaves. Tall grass grows in between them, full of wild flowers. Settled into this grass is a cat, sleepy in the already warm sun. Birdsong fills the air: blackbird, redwing, nuthatch

and the fluted trilling of a blackcap. Cypress trees forge skywards on their straight trunks, the dark green foliage forming their distinctive shape so redolent of Mediterranean countries. A group of young nuns overtakes us as we pause to soak in our surroundings.



Simple and beautiful, the new chapel with whitewashed walls and honey coloured wooden flooring and seating, is gradually filling up. Clear windows look out onto a garden one side and across the valley towards the mountains on another. This chapel is in stark contrast to the many other churches in the town, which are darker and more ornate. Out of the windows behind the altar I can see swifts swooping and swerving as they search for insects. It does not seem to matter that I cannot understand the majority of the language of the service – I can pick out a few key words and I manage to join in with the hymns. On our return walk someone spots a lizard running across the path. Six inches long and with bright green spots along its back, it darts, stops, then darts again, finally

disappearing into the grass. Passing a stone-built house further along, another similar lizard zig zags down the stone wall of a house, then hides behind a large pot of pink petunias. We pause and sit on some benches, the heat of the day beginning to build up, and decide to stop at a café in the Piazza Santa Chiara with the beautiful church of the same name forming one side of the square, built in stripes of pastel pink and cream stone with its tall square bell tower set to one side. To the right of the main door, a huge forlorn looking stone lion lies with his head on his paws. Soaking in this atmosphere, I plan my next meander.



Diary of Forthcoming Events

This page is printed to give readers and organisers the opportunity of planning events without clashing with existing ones, which are already in the 'diary'. It is not intended as a means of advertising and we take no responsibility for errors or omissions. Acceptance is at the discretion of the editor. Please send your updates by email to pbarnes20@icloud.com or via methods outlined on Page 4.

Location and name codes below:

One-Off Events

Date	Time	Event	Where	Tel. No.	Date	Time	Event	Where	Tel. No.
03-May	10am	What Is Poetry?	LL		01-Jun	12noon	Open Gardens, Postling	CT21 4ET	
07-May	10am	Digital Support	AUKL	269602	08-Jun	10am	Coffee and Cake Morning	PC	
09-May	12.30pm	Dementia Café	AUKL	269602	22-Jun	7.30pm	The Rudes 'The Dressing Book'	TF	01323501260
11-May	10am	Pick-Up-A-Plant	LVH		06-Jul	4pm	Cantores - Summer Concert	LVH	
11-May	10am	Craft Fair	LVH		13-Jul	10am	Coffee and Cake Morning	PC	
11-May	10am	Coffee and Cake Morning	PC		13-Jul	3pm	Haywardians Concert	LMC	863049
11-May	2pm	Chalk Stream Monitoring P20	TF		19-Jul	7.30pm	Undecided Charity Concert	LVH	
13-May	6pm	Lyminge Parish Council AGM	LMC		10-Aug	10am	Coffee and Cake Morning	PC	
14-May	8.30am	Day Trip - RHS Wisley		07703149008	14-Sep	10am	Coffee and Cake Morning	PC	
18-May	7pm	Late Spring Quiz See P1	LVH	862928	12-Oct	10am	Coffee and Cake Morning	PC	
19-May	6pm	Etchinghill Village Hall AGM	EVH		12-Oct	7pm	Autumn Quiz	EVH	07544 670363
22-May	6pm	Bingo Night	AUKL	269602	02-Nov	11am	Coffee Concert	LMC	
22-May	10am	Lyminge Litter Pick	LVH	862508	09-Nov	10am	Coffee and Cake Morning	PC	
25-May	2pm	Lyminge Bowls Fun Afternoon	LBC	863404	01-Dec	4.45pm	Christmas Lights Switch On	EVH	07544 670363
26-May	10am	Picnic In The Park	TF		08-Dec	6.30pm	ERA AGM	EVH	07544 670363
01-Jun	10.30am	Lyminge Showcase. See P9	LVH	862699	14-Dec	4pm	Cantores - Christmas Concert	LVH	

Weekly Events

Day	Time	Event	Where	Tel. No.	Day	Time	Event	Where	Tel. No.
Mon	9.30am	Dementia & Me Unit	AUKL	269602	Wed	10am	Baby/Toddler Group	EVH	0781777975
Mon	10am	Bridge Club	LBC	863177	Wed	11am	Singing For All (term time only)	AUKL	269602
Mon	10.30am	Lyminge Larks (Singing)	LMC	07951572920	Wed	2pm	French Conversation (fortnightly)	Call	862972
Mon	10.30am	Chromatic Greys Art Class	EVH	07783575802	Wed	7pm	Tayne Centre Circuits	TC	07925982995
Mon	1pm	Lyminge Knitters	AUKL	269602	Wed	7.30pm	Cantores Dominicae Choir	LVH	07778 333339
Mon	5.15pm	Pilates	EVH	07951608008	Thurs	10am	Boxfit (non-contact)	AUKL	269602
Mon	6.30pm	Ballroom/Latin/Salsa Dancing	TC	07966751991	Thurs	10am	Lyminge Morning Art Group	EVH	01303211364
Mon	6.30pm	Judo Club	LVH	07369225021	Thurs	10.15am	Baby Rhyme Time	LL	03000413131
Mon	6.15pm	Pilates	EVH	07951608008	Thurs	11.45am	Streetz to Streetz (fish and chips)	AUKL	07955926835
Mon	7pm	Yoga	RMV	07977503897	Thurs	2pm	Lyminge Afternoon Art Group	TC	07870494644
Tues	9am	Seated Yoga	AUKL	269602	Thurs	5pm	Pilates	TC	07951608008
Tues	9.30am	Tai Chi Qigong	EVH	07402203239	Thurs	6.15pm	Pilates	TC	07951608008
Tues	10am	Lyminge Baby & Toddler Group	TC	07870405567	Thurs	7pm	Short Mat Bowls	LVH	863842
Tues	10am	Painting and Drawing	AUKL	269602	Thurs	7.30pm	Ballroom and Latin Dancing	EVH	07967979610
Tues	10am	Dementia Day Break	AUKL	269602	Fri	8am	Chiropody (appointment only)	AUKL	269602
Tues	11.45am	Pilates	EVH	07834839801	Fri	9am	Pilates with Katherine	AUKL	269602
Tues	1.45pm	Pickleball	EVH	863819	Fri	9.30am	Dementia & Me Unit	AUKL	269602
Tues	6pm	Board Games Night	Coffee Cabin		Fri	9.15am	Nikki Barratt Art Group	EVH	07870494644
Tues	6.45pm	Short Mat Bowls	LVH	863842	Fri	10.15am	Talk Time	LL	03000413131
Wed	8am	Pilates	TC	07951698008	Fri	10.30am	Main Cog Stim Therapy (MCST)	AUKL	269602
Wed	9am	All Day Breakfast	AUKL	269602	Fri	6pm	Junior Cricket Training Sessions	SPCC	07869283195
Wed	10am	Pilates	TC	07825109670	Fri	7pm	Table Tennis	EVH	

Monthly Events

When	Time	Event	Where	Tel. No.	When	Time	Event	Where	Tel. No.
1st Mon	2pm	RBL, Elham Valley Branch	Methodist Church, Elham	862508	Last Tues	10.30am	Lyminge Poetry Group	LL	03000413131
2nd Monday	10am	Stroke Support Group	C&H	07903150099	1st Wed	10.30am	Lyminge Friends	TC	862598
2nd Monday	7.00pm	Parish Council Meeting	TC	07544670363	1st Wed	2pm	Bingo	EVH	
3rd Mon	7pm	Etchinghill Cinema Club	EVH	07903150099	4th Wed	2.30pm	RM Circle	RVH	862913
4th Monday	10am	Stroke Support Group	C&H	07715221705	Last Wed	7.30pm	Quiz Night	C&H	01303901011
1st Tues	2pm	Library Reading Group	LL	03000413131	2nd Sat	10am	Postling Ch. Coffee Morning	PC	863536
1st Tues ³	7.30pm	LHS Talk/Event	TC	863879	2nd Sat	10am	Ethelburga Quilters	EVH	
2nd Tues	2pm	Library Reading Group	LL	03000413131	4th Sun	9.30am	Farmers' Market	LVH	
3rd Tues ²	7.30pm	Gardeners' Society	TC	07703149008	3 monthly Sunday	10am	Blue Kangaroo Baby Class	EVH	07800 737936

¹ In term time only ² Except Jan and Feb ³ Except Jan, Feb, and trip in Aug ⁴ Except Aug and Dec ⁵ Not held in August ** Every three months

AUKL: Age UK Lyminge; **C&H**: Coach & Horses; **EVH**: Etchinghill Village Hall; **ELVH**: Elham Village Hall; **ERA**: Etchinghill Residents' Association; **ES**: Elham Square; **EVLT**: Elham Valley Line Trust; **JF**: Jubilee Field; **KH**: Korf House; **LB**: Laing Bennett; **LBC**: Bowls Club; **LL**: Library; **LMC**: Lyminge Methodist Church; **LPC**: Lyminge Parish Church; **LPS**: Lyminge Primary School; **LVH**: Lyminge Village Hall; **LW**: Lord Whisky; **NP**: Nailbourne Court; **PC**: Postling Church; **PH**: Lord Whisky, Park House; **PVH**: Postling Village Hall; **RVH**: Rhodes Minnis Village Hall; **RMC**: Rhodes Minnis Church; **RMCS**: Rhodes Minnis Cat Sanctuary; **RR**: Rigden Room; **SMVH**: Stelling Minnis Village Hall; **SNL**: See Newsletter for info; **SP**: Sibton Park; **SPCC**: Sibton Park Cricket Club; **TC**: Tayne Centre; **TF**: Tayne Field; **WF**: Well Field



St Mary and St Ethelburga Parish Church, Lyminge

5th May **ROGATION SUNDAY**
 Paddlesworth 8am Holy Communion; then Breakfast in
 the Pub. Rogation Walk to Lyminge
 Lyminge 11am Sung Eucharist. Continue Rogation
 Walk to Stanford
 Stanford 4.30pm Evening Prayer BCP, and Tea
 Postling 7pm Rogation Sunday Compline

Sunday 12th May
 Lyminge 10am Holy Communion – CW1
 Paddlesworth 6pm Evensong – BCP

Sunday 19th May
 Lyminge 10am Holy Communion – CW1
 6pm Sung Evensong.

Sunday 26th May **TRINITY SUNDAY**
 Paddlesworth 8am Holy Communion BCP
 Lyminge 10am Open Air Family Praise Service with
 Methodists

**If more information is required please contact the Church Wardens,
 Derek Smith 01303 862508 or Mike Chinneck 01303 863911**



We are pleased to announce that **The Revd Carol Bates**, currently Priest in Charge of All Saints, Sanderstead, in the Southwark Diocese, has been appointed Rector of the Elham Valley Benefice subject to the usual procedures. **The institution and induction will take place in St Mary's Church Elham on Monday 10th June at 7pm.** Please pray for Carol in her new ministry.

Lyminge Methodist Church

A warm welcome awaits you at the following services to be held at **11am**, followed by a time of refreshment and fellowship.

5th May **10.15am** Valley Service at Rhodes Minnis
12th May Rev. Gill Songer (incl. Holy Communion)
19th May Local Arrangement
26th May United Service with the Parish Church – see
 adjacent advert

Rhodes Minnis Chapel

A warm welcome is extended to anyone who wishes to join us for the following services at 9.30am in our small and beautiful Chapel and to share fellowship after the services over coffee and biscuits.

5th May A united Valley Service at **10.15am** to be led by
 Revd Kevin Taylor
12nd May Revd Gill Songer
19th May Revd Alan Hewitt
26th May Revd Helen Hollands

Postling Church Services

5th May **3pm** Service for Rogation Sunday
12th May No service in Postling
19th May **8.30am** Breakfast Service
26th May No service in Postling

Lyminge Newsletter

Terms & Conditions: Copy deadline for next edition - 18 May 2024

Please email your copy to the editor (pbarnes20@icloud.com). Your payment must be received before your article or advert can appear in the Newsletter. Invoices will be issued and should be paid ASAP either by BACs, cheque, credit card or cash (details on invoice). **Business adverts** cost from £9.50 per month or £95.00 per year. **Personal and charity adverts and articles** from £3 per month, or £30.00 per year. The annual rate offers 12 entries for the price of 10. Please make cheques payable to **'The Lyminge Association'**. If you do not have email, a typed paper-copy may be left with the payment at the Library. Newsletter is printed by Canterbury Print & Mail.

Lyminge Association accepts no liability for the accuracy of the advertisements or subsequent actions arising in conjunction with advertisers in the newsletter.

Further details from Peter Barnes (editor) on 01303 863737 or pbarnes20@icloud.com

District Councillors' Update - May 2024



Community Asset - the District Council has received notification of the owner's intention to sell The Timber Batts Inn, Bodsham, which is designated as an Asset of Community Value. This has triggered a six-week period for community interest groups to express an interest in purchasing the land. This period started on 10 April 2024 and will run until 22 May 2024.

Crosskeys Coaches are planning to run a regular summer bus service from Folkestone West to Folkestone Harbour calling at Folkestone Central, Town Centre/Shellons Street, F51, Harbour Arm. The Operational Period proposed is 20 July –1 September 2024 Time: 10 am – 8pm. Other dates are being considered 14 June to 14 July (Euros) 1-14 July Wimbledon. Please watch this space.

Changing Places Toilets - The first of three new Changing Places toilets in the district has been officially opened at the Coastal Park. Similar facilities will soon follow at Radnor Park and Dymchurch. Changing Places toilets are designed to meet the needs of disabled children and adults with complex needs who rely on carer support. Specialist equipment inside includes ceiling hoists and changing tables. The District Council secured £205,000 for the project from the Department of Levelling Up, Housing and Communities' Changing Places Fund under the previous Administration.

Contact: jenny.hollingsbee@folkestone-hythe.gov.uk Mobile 07887918458

The EES (Electronic Entrance System) is due to be introduced on the 6th October this year. Eurotunnel is well advanced in its preparations and they anticipate only minimal delays. The problem is the Port of Dover who have no room to introduce the electronic checking system and will have to manage the process using hand held tablets. Delays are anticipated and if the traffic jam extends back to the Roundhill Tunnel, the M20 will close with the consequential gridlock in the district.

Hoarding Panels - Work has finally begun on removing the hoarding panels surrounding the Princes Parade site in Hythe. A 1.2m perimeter fence, necessary to restrict access to an area where there is known contamination, will be installed in its place during the works. Ecologists are on site to ensure badger setts and other wildlife habitats are safeguarded. A public consultation on what people want to happen to the site will take place later in the year.

Otterpool Park is making progress. Homes England is back on board and discussions continue. The team feel that the work with Homes England seems very likely to finally unlock the site. Property consultants Savills have been instructed to remodel the site in terms of finance, viability and phasing.

Rural Prosperity and Green Business grants - Recently, there have been several Rural Prosperity and Green Business grants awarded. Two of which have been given in this Ward; one in Stowting and one in Sellindge. The Green Business grant is now closed but there are still some funds available for the Rural Prosperity grant.

School Sustainability Project Day - A very successful School Sustainability Project Day was recently held at the Council Chambers. It is a trial initiative, initially with three primary schools involved: Elham Church of England Primary, Churchill Primary in Hawkinge and Sellindge Primary schools. All three schools presented their excellent plans for a sustainable garden at their school.

Contact: elaine.martin@folkestone-hythe.gov.uk



The Lyminge Association is organising

A LITTER PICK in Lyminge

The village is generally well looked after but there are a few 'hot spots' that seem to attract litter and rubbish and need our attention. Please meet at:

Lyminge Village Hall Car Park
10am
Saturday 25th May

Please bring gloves and protective clothing and plenty of energy and enthusiasm!! Rubbish sacks and litter pickers will be provided.

Derek can be contacted on 862508 should you need any further help or guidance.



LYMINGE HISTORICAL SOCIETY

The forthcoming talk is on Tuesday 7th May, at 7.30pm in The Tayne Centre, Church Road, Lyminge

THE ROYAL HOSPITAL CHELSEA - AN INSIGHT

Speaker: Brian Rolfe



Annual Membership Fee: £11
New members and visitors are always welcome
Visitors: £4 Payable on the door

All our publications, including our latest volume Lyminge a History Part 13, are on sale at our meetings. We accept payments by cash or card.

A DATE FOR YOUR DIARY!

3rd May 10am

A "Talk Time" Special Event

Lyminge Library

An informal discussion

"What is Poetry?"

Hosted by Jane Phillips Buss and members of the Lyminge Library Poetry Group ("The Lyminge Laureates").

This will be an opportunity to air your views and to hear some of the original work by the group from their new collection of poems.



A Little More Joy

Eco-friendly gift boxes



Vibrant, environmentally conscious gift boxes that are kind to the planet. We also have a build your own option for a more bespoke gift.

10% Discount on your first order (**welcome10**).
Local collection (Lyminge) can be arranged via email.

Contact details

Website: www.alittlemorejoy.co.uk

Email: alittlemorejoyuk@outlook.com



Laziness is nothing more than the habit of resting before you get tired.

- Jules Renard

Coach & Horses

CHECK OPENING HOURS

For bookings and any help needed, please phone

01303 901011 or check

Facebook page 'Coach & Horses'

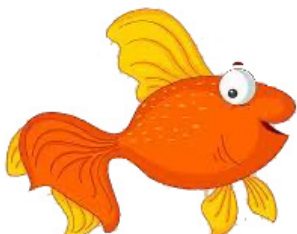


Lyminge Bowls Club

TRAINING SESSIONS ARE ON SUNDAY MORNINGS

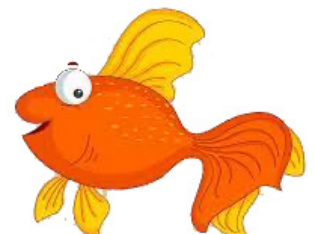
10AM UNTIL 12NOON

Free Goldfish to Good Homes



We have accidentally managed to breed lots of goldfish - more than we want to keep in our pond. We would therefore like to offer them free of charge to good homes if anyone in the village has space in their fish ponds.

Please contact Kate: kakellett@yahoo.com or 07967 203501



Lyminge Bowls Club

Woodland Road, Lyminge CT18 8EW



**Bowls England
Big Week-End
Saturday
25th May
Event Starting
2pm**



A FUN AFTERNOON OF BOWLS

Just Turn Up - it's a Fun and Social event

Refreshments available

Bar Open

Plant Sale

Tombola



Contact details:

Coach - Terry:
01303 863404

Captain - John:
01303 862467





A New Pilgrimage Route Has Been Developed Linking Churches in Canterbury, Lyminge, and Folkestone

This project aims to highlight the achievements of royal Kentish women who were crucial to the development of Christianity in England and who have long been side-lined in history.

The pilgrimage route, called the Royal Kentish Camino, is just over 23 miles (37.7km) long. It starts at St Martin's Church in Canterbury, part of the World Heritage Site that also contains Canterbury Cathedral and St Augustine's Abbey. This celebrates Queen Bertha whose private chapel was at St Martin's. Bertha was pivotal to her pagan husband King Æthelberht accepting Christianity and together they established the first Christian royal family in England.

The route proceeds from Canterbury to Patricbourne where it turns south and heads down the Elham Valley towards Lyminge. Midway along the route is St Mary and St Ethelburga's Church, Lyminge, where recent excavations uncovered the remains of a church, scientifically dated to the time of Bertha's daughter Ethelburga (Queen of Northumbria). She founded a church here in the 630s, that was re-excavated and studied in detail in 2019. Ethelburga is celebrated for beginning around 625 with her husband King Edwin, the conversion of the North of England to Christianity. She later returned to Kent to live at Lyminge after Edwin was killed in battle. These stone foundations in Lyminge churchyard are evidence for what is likely to have been one of the first Christian communities in this country.

From Lyminge, the route climbs up onto the ridge of the North Downs and passes the ancient church at Paddlesworth, dedicated to St Oswald, one of the first English saints, before reaching the coast above Folkestone. From there you descend the cliff to the harbour and then climb the opposite cliff where Bertha's granddaughter and Ethelburga's niece Princess Eanswythe founded the first church in Folkestone around 660.

The end of the pilgrimage route is at St Mary and St Eanswythe's Church, Folkestone, the scene of exciting discoveries during the recent Finding Eanswythe project. The church is dedicated to Eanswythe, who is recorded as founding a very early Christian community at Folkestone. Human bones were discovered hidden in the church wall in the 19th century which were scientifically analysed in 2020. They are of a well-nourished young woman and date to the time of St Eanswythe, making them most probably her bones preserved as relics in the church she founded since the time of her death and hidden at the time of the Reformation under Henry VIII. Nowhere else in the British Isles is there a church preserving the relics of its founding saint, so St Eanswythe's shrine is in this sense unique. Her shrine provides a fitting end to this new pilgrimage route celebrating the foundational achievements of three generations of Royal Kentish Women who had once been largely forgotten.

The pilgrimage launches on Saturday, 27th April. By the time you read this, leaflets providing more information about the Royal Kentish Camino will be available at various locations around the parish. Production of the leaflets has been kindly grant-funded by our District Councillors Jenny Hollingsbee and Elaine Martin. Thanks to the support of Lyminge Parish Council, you can also access more information about the route and about the historical background on-line at: https://www.lymingeparishcouncil.org.uk/Royal_Kentish_Camino_47654.aspx.

Charity Concert @ Lyminge Village Hall

Friday 19th July 7:30pm

All proceeds to the Brain Tumour Charity



THE
BRAIN
TUMOUR
CHARITY

JUDY
D'CRUZ
FUND

Save The Date!

#ACureCantWait



MY CLEAR EARS
MICROSUCTION WAX REMOVAL

Clinical ear care practitioner
through TympaHealth and with
CQC registration, fully insured.

Appointments available for wax removal by
microsuction. Wax removal £60. Otoscopy £20 (Ear
health check). In the comfort of your own home!

Please call Collette on 07544586882

Etchinghill Update - May 2024

ETCHINGHILL RESIDENTS' ASSOCIATION (ERA)

Chairman: David McCombe - 07939 076617 E-mail: dmccombel@gmail.com

Website: www.etchinghill.info Facebook: Etchinghill Residents

FILM NIGHT - MONDAY 20th May - ETCHINGHILL VILLAGE HALL - 7.30 PM. (DOORS OPEN 7 PM). "ARE YOU THERE GOD? IT'S ME, MARGARET", PG.

Comedy / Drama / Family. Starring Rachel McAdams, Kathy Bates and Abby Ryder Fortson. 11-year-old Margaret is uprooted from her life in New York City for the suburbs of New Jersey, going through the messy and tumultuous throes of puberty with new friends in a new school. She relies on her mother, Barbara, who is also struggling to adjust to life outside the big city, and her adoring grandmother, Sylvia, who isn't happy they moved away and likes to remind them every chance she gets.

Entry fee is only £6 pp and includes a glass of wine, tea or coffee with biscuits and entry into a free raffle. New members are welcome, simply register and pay on the night - no need to book.

THANK YOU to everyone who volunteered for the Litter Pick and road sign cleaning in Etchinghill on Saturday 13 April. We ended up with so many helpers that some were able to return straight back home: wonderful support from our residents. The hamlet is now looking very clean and tidy - excellent work, one and all :-)

News contact: Jacqui Blandford – 07543 966830

or email: jacqui.blandford@gmail.com



If you are walking your dog on the coast path, paddling your canoe in the harbour, taking your boat out or just messing about on the beach, someone in the NCI watch station will be looking out for your safety.

The UK has one of the finest search and rescue services in the world co-ordinated by the Maritime and Coastguard Agency (HM Coastguard). In 1994 the reorganisation of HMCG resulted in the closure of many of its coastal stations. Electronic surveillance was improving in leaps and bounds and the Coastguard can now perform many of its functions using sophisticated tracking and communication technology. What was lost, however, was the visual overview of much of the coast.

Tragically not long after the coastguard station at Bass Point in Cornwall was closed, two fishermen lost their lives in the waters below the station. Concerned local people decided to take on the station and staff it with volunteers. THE NATIONAL COASTWATCH INSTITUTION (NCI) was born.

Today there are nearly 60 NCI stations around the English and Welsh coast and more than 2,600 trained volunteers looking out for the safety of our coastline and inshore waters users. NCI has a dedicated VHF channel 65 (Call sign – Folkestone NCI) – which can be used by yachts, canoeists, fishing vessels and other water users for radio checks weather forecasts and tide times. This takes some of the routine VHF radio calls away from HM Coastguard.

The Folkestone station at Copt Point is based in the refurbished Royal Observation Corps premises and has fine views of the Channel from Dover to Dungeness. It overlooks the Warren and the harbour. Equipped with high resolution binoculars, VHF radios, radar and AIS (automatic identification system), CCTV and computers. Staffed by trained volunteers, the station is a recognised asset in the Coastguard's search and rescue family. We work closely with HM Coastguard, RNLI, Border Force and Police to ensure the safety of people in and on the water, and along the coast.

If you are interested in becoming a volunteer come and visit the station and talk to one of our watchkeepers or contact me, Lynsay Scott, at lynsay.scott@gmail.com or on 07788702997.





Opportunity to become a Governor at Lyminge Church of England Primary School

Do you have the skills and insight needed to become a School Governor? We are looking for someone to take up this vital and important voluntary role in our local community. Applicants who can demonstrate a good understanding of the purpose and principles of governance are especially welcome, but we also value applicants with the commitment to learn and progress in the role.

As a Governor of Lyminge School you will work with an experienced and dedicated team to fulfil the statutory responsibilities of the Governing Board, supporting staff to ensure the school provides the best possible education for all its pupils. Governors are expected to uphold the school's Christian values, and to maintain high expectations for behaviour and academic achievement. The school has recently undergone a very successful Ofsted inspection. If you are interested in applying for this role, please write a brief statement outlining what you would be able to bring to the Governing Board. Please include contact details for two referees.

Send it before the closing date of June 7th 2024:

- By email addressed to the Chair of the Governing Body, via Susan Foster, Clerk, at sfoster@lyminge.kent.sch.uk
- By letter addressed to the Chair of the Governing Body via the school office or by post c/o Emma Wren (Senior Administrator), Lyminge Church of England Primary School, Church Rd, Lyminge, CT18 8JA

Applicants will be contacted by Sarah Montgomery, Chair, soon after 7th June to arrange a meeting to discuss the role in more detail.



Lyminge Judo Club

(Bushido Club registered)

We are a small friendly village club. We welcome and encourage both novices and skilled players and train every Monday evening at Lyminge Village Hall from 6.30pm. Open to all ages from 6 upwards - no upper age limit.

Juniors £2.50 per week; Seniors £3.50 per week. First session free, with no obligation.

Contact: Craig Munn email: craig.munn1@yahoo.com

Facebook: www.facebook.com/Lymingejudoclub

The Rudes are coming!

The Rude Mechanical Theatre Company Present THE DRESSING BOOK



Tayne Field, Church Road, Lyminge,
Kent, CT18 8JA
Saturday 22nd June - 7:30pm

'SUPERBLY DONE - THE STAGE 'A DELIGHT' - INDEPENDENT ON SUNDAY'
'SUCH A GOOD NIGHT!' - THE TIMES
National Press On The Rudes
www.therudes.co.uk



The very popular Rude Mechanical Theatre Company will be back again in Lyminge this summer performing another great play for us outdoors as usual on Tayne Field. The date is Saturday 22nd June at 7.30pm, so get it in your diaries. You won't want to miss it!

It is called '*The Dressing Book*'. This original play by The Rudes toured briefly in 2012 mainly to arts centres and a few village halls, so most of you will not have seen it, but it was extremely well received both in the press and by the audiences. Originally, it was written for three actors and six puppets, but it's been re-written for six actors and lots of music with some great new songs.

TICKETS – are available now on the company's website – www.therudes.co.uk. Or ring 01323-501260. Get it in your diaries now!

The Etchinghill Village Hall AGM

Sunday 19th May 2024 at 6pm

To all Etchinghill residents,

Please come along to the AGM and show your support for this marvellous local facility. This is your opportunity to find out more about the Hall, the activities that are available, together with an update on the finances and plans for the year ahead.

If you would like to be involved with the future management of the Hall you will have the opportunity to put your name forward as a future trustee.

The meeting will last approximately one hour and refreshments will be available after the meeting after the meeting.

Please support your Village Hall

JOHN WHITE, Chairman. Etchinghill Village Hall



**Sibton Park
Cricket Club**

Junior family Fridays 2024 at The Park

**Summer cricket training sessions
starting Friday 12th April to end of July
from 6.00 - 7.30pm**

- Qualified and fully accredited ECB & DBS checked coaches
- Skills development, confidence building and teamwork
- U9, U11, U13 and U15 teams playing in local leagues
- All children Y3-10 welcome
- Equipment supplied
- Clubhouse and fully stocked bar open to all family and friends
- Enjoy a Friday evening 'wind down' while your children enjoy space, fresh air and sport
- We look forward to welcoming you!

Sibton Park Cricket Club, Longage Hill, Lyminge, Kent CT18 8HB
Contact: sibtonpark@outlook.com



The POSTLING COFFEE & CAKE MORNING IN AID OF THE PILGRIMS HOSPICE

Saturday 11th May 10am to 12noon at Postling Church

ALL DONATIONS GO TO THE PILGRIMS HOSPICE IN THEIR ENTIRETY - PLEASE BRING CASH

ETCHINGHILL RESIDENTS' ASSOCIATION

Film Night

'Are You There God? It's Me, Margaret' PG
Monday 20th May
 Etchinghill Village Hall - 7 for 7.30pm
 Entrance Fee £6pp
 Open to new and existing members
 Free Refreshments and Raffle



www.etchinghill.info

Railway Museum



Countryside & Craft Centre

MILITARY EVENT 11th & 12th MAY

Meet and chat with the Desert Rats and other military people and see their vehicles and equipment. See a NAFFI vehicle and its wares.

Open every weekend and Bank Holiday from 10am to 4pm until the end of November.

Events throughout the year.

Please visit www.elhamvalleylinetrust.org
www.facebook.com/lhamValleyLineTrust.Official
 for more details.



AK Healthcare

Clinic update!

Adam and Katie, the osteopaths from AK Healthcare in Lyminge, are thrilled to announce that Podiatrist **Natasha Kerrigan** will be joining us to offer her expert Podiatry services within our clinic.

Natasha qualified from the Leaf Hospital Brighton University in 2002 with an Honours degree in Podiatry. She has 12 years' experience in the NHS as a specialist Diabetic Podiatrist and then entered the private sector in 2014 running Earlsgate Podiatry in Folkestone.



On Tuesdays in Lyminge, Natasha is providing podiatry services from simple toenail cutting to ingrown toenail surgery and wound care. To ask Natasha how she can help you and to make a booking, please contact her directly:

Tel: 07855771890 Email: info@earlsgatepodiatry.co.uk



For any other musculoskeletal problems including arthritic pain, back pain, sciatica and sports injuries (and more), please contact Adam and Katie directly on **07904311554** or email us at info@akhealthcare.org.uk



RAISE YOUR HAND AND

Join our volunteer

TEAM

VARIOUS POSITIONS AVAILABLE

1ST LYMINGE SCOUTS

Aged 4 to 18 our sections rely heavily on volunteers every week.

A team based approach means it doesn't matter how little time you have to give, we need you.

From skills to hand holding, making and building, planning and expenses, setting up and clearing away, we need you.

Many hands make scouting work

Email-1stlyminge@gmail.com



NEW DATE **PRESENTATION by** **LAURA BRADY of** **THE WONKY PARSNIP NURSERY**

Following the last minute cancellation of Laura's talk on 16th April due to illness, we are pleased to confirm a new date for this presentation.

Tuesday 21st May
The Tayne Centre, Lyminge
Refreshments from 7:15pm
Presentation starts 7:30pm

There will be a follow-up visit to The Wonky Parsnip Nursery in July – more details in the June Newsletter



THE TALLEST **SUNFLOWER** **COMPETITION**



Don't forget Seedlings will be available at the 'Pick Up A Plant' event on 11th May outside Lyminge Village Hall or you can grow your own.

See further details on P16. Look out for posters around the village or email: lymingegardeners@gmail.com for more information.

For more information about the Gardeners' Society please email: lymingegardeners@gmail.com or call Anne on 07703 149008



Hythe Aqua Swimming Club has vacancies for potential competitive swimmers Level 7 and above. Join a Club with a nationally accredited swim programme.

Lessons/Coaching sessions are held on Tuesday & Thursday evenings at Hythe Pool.

We also welcome adult length swimmers to our Adult training on Tuesdays & Thursdays at 9.00pm

To book your place

Email: hytheaqua@btinternet.com or checkout our website: www.hytheaqua.org.uk or [F/book](#)

POSTLING VILLAGE OPEN GARDENS EXTRAVAGANZA

1 & 2 JUNE 2024

BBQ - LOCAL SAUSAGES & BURGERS
HAVE-A-GO ARCHERY
CRAFT STALLS
HOMEMADE CAKES & TEA
PLANT STALLS

MEET THE LAMBS AND OTHER ANIMALS



Fifth Trust Update

www.fifthtrust.co.uk

We are delighted to unveil an exciting series of Elham Valley Vineyard wine tours and tastings which will take place throughout 2024. Guests will explore our small vineyard, learn about the winemaking process, and taste a range of elegant Elham Valley Vineyard wines. We are offering two standard vineyard tours and three luxury tours from May to September. If you choose the luxury tour, you will also indulge in a delicious charcuterie board at our Café. The tours will be led by our esteemed vineyard guru, Peter Stratton.

This is a great opportunity to learn about the vineyard, taste some delicious Kentish wine, and enjoy a beautiful evening in the countryside whilst supporting our charity. All the money raised will be reinvested back into The Fifth Trust, supporting over 170 adults with learning disabilities.

You can view all our events and book a tour via our website: www.vineyardgardencentre.co.uk/events. Use the code 5TMAG for 5% off (valid until 1st June 2024).

Rhodes Minnis Circle

We welcomed back John and Jane Buss to our March meeting. "Women at the Home Front" told of all that women did to help the war effort in the forties which led to the formation of the WVS and the WI.

The Competition was well attended and we look forward to a Bring and Share tea at our AGM on 22nd May.

We meet at Rhodes Minnis Village Hall at 2.30pm, and visitors are very welcome to join us.

For further information contact **Marion 862913**.



Lyminge Friends

On **Wednesday, 01 May** we welcome Derek Smith who will be giving an illustrated talk on **"Kent & Sussex Railways"** encompassing a variety of related aspects.

Wednesday, 01 June takes us to **St. Nicolas Church, New Romney** with Guest Speaker Gaynor Cobb. This is followed by a Fish & Chip Lunch at a local restaurant at a specially negotiated price of £10. An optional walk along the seafront afterwards – weather permitting, of course!

Further ahead, **Wednesday, 03 July** will be a talk by Maureen Lewsey – **"My Life with St. John Ambulance."**

Everyone welcome – Entry is £4 (including Tea/Coffee)

We are a friendly social group and welcome new members and visitors so just drop into a meeting, or if you'd like to talk to one of us first, please call 07904 157897. All meetings are in the Rigden Room of the Tayne Centre from 10.30 a.m. to 12.00 p.m. unless otherwise stated.

See P36 for photos from recent meeting.

**Freshly Prepared
Breakfasts & Light Lunches
Home Baked Cakes
Vintage Afternoon Teas
Coffees
Teas
Takeaway Available
Private Functions**

**Open Tuesday to Saturday
9am to 3pm
Dog Friendly**

**THE COFFEE CABIN TEA ROOM LTD.
CANTERBURY ROAD, LYMINGE, KENT.
CT18 8HU. 01303 864222
Instagram @thecoffeecabintearoomltd
Find us on Google Maps**



Spring 2024

Covid Vaccination Booster Campaign

Don't wait to be invited!

You are eligible if you are:

- 75 years old or over
- Resident in a care home for older adults
- Individuals aged 16 years and over who are immunosuppressed

All patients will be assessed for eligibility by a clinician at the point of vaccination.

It is advisable to book if you are eligible as above, but you can also **walk in**.

- Book [online @ orchangeacovid19vaccinationappointment](https://www.nhs.uk/online-booking/online-booking-19/covid-19-vaccination-appointments)
- Or call 119 who will help you to book an appointment

We offer a drive through option for patients who are not mobile.

We are open on specific days from **24th April – 30th June Folkestone Invicta Football Ground** (The Dug Out Bar, next to Folkestone Bowls Club) from 24th April - Wednesdays, Thursdays & Sunday mornings – free car parking.

Pencester Surgery in Dover - from 27th April every Saturday – free car parking.

Total Health Excellence East and West Primary Care Networks

Pilates + Tayne Centre Lyminge

All abilities welcome

**Wednesday
10:00 - 11:00**

Contact Julie. 07825109670

**Email :
pilates.mbs@gmail.com**

Seated Yoga



Every Monday
9:00am - 10:00am
£6 pp



Age UK Lyminge
Station Road
CT18 8HQ



To book Call
01303 269602



Registered charity number 1125274.
Company number 6589817.
© Age UK Hythe, Lyminge and Ashford 2024.



Join us for All Day Breakfast

Every Wednesday

9am - 2pm

£6 pp - includes Tea/Coffee

No need to book

AGE UK Lyminge, Everist Court



Registered charity number 1125274. Company number 6589817. © Age UK Hythe, Lyminge and Ashford 2023.

AGE UK - LYMINGE

AGE UK LYMINGE

BINGO NIGHT

22.5.24

Come join us for this fun bingo night, watch or play
(to play you must be over the age of 18)
No need to book, just turn up

GAME | NIGHT | FUN

Doors Open At 5:30pm Eyes Down 6pm
Age UK Lyminge
Everist Court
Station Road
CT18 8HQ

£2 entry, £2 per book
(6 games a book)

Hythe, Lyminge & Ashford
age

Registered charity number 1125274. Company number 6589817. © Age UK Hythe, Lyminge and Ashford 2024.

Join us for BoxFit!

Every Thursday at
Age UK Lyminge
£6.60 per class
10:00am - 11:00am



Suitable for all levels, this
non-contact workout will
help you improve
your agility, strength and
overall fitness.



Please bring a bottle of water.

No experience required.

Everyone is welcome, so come along and join us!

Age UK Lyminge, Everist Court, Station Road,
Lyminge CT18 8HQ

Please call **01303 269602** for more information or
to book



Registered charity number 1125274.
Company number 6589817.
© Age UK Hythe, Lyminge and Ashford 2024.



LYMINGE AND ELHAM VALLEY STROKE SUPPORT

Have you, a family member or a friend been affected by a stroke?

Come and join our informal support group.

For more information, to check the dates of meetings/events, or if you would like support but are unable to attend the meetings, email or phone:

Lymingestrokesocial@gmail.com
07846 177 409

Forthcoming Events

Visit to Mudpie Creative Studio, Folkestone

Day Trip to Whitstable

We meet on the 1st and 3rd Mondays of the month (except Bank Holidays) usually at The Coach and Horses, Lyminge 10am until 12noon

THE TOWER THEATRE FOLKESTONE

Folkestone-Hythe Operatic & Dramatic Society presents



Disney BEAUTY AND THE BEAST

THE BROADWAY MUSICAL

©Disney

Music by Alan Menken Lyrics by Howard Ashman & Tim Rice Book by Linda Woolverton

Originally Directed by Robert Jess Roth

Originally Produced by Disney Theatrical Productions

28th June – 7th July



This amateur production is presented by arrangement with Music Theatre International. All authorised performance materials are also supplied by MTI. www.mtishows.co.uk

Registered Charity 1180504

BOX OFFICE 01303 223925 or towertheatrefolkestone.co.uk
The Tower Theatre, North Road, Shorncliffe, Folkestone CT20 3HL

4TH SUNDAY OF EACH MONTH

LYMINGE FARMERS' MARKET

NEXT: 26 MAY

9:30 - 12:30
LYMINGE VILLAGE HALL

PIES
-
CRAFTS
-
GLASS ORNAMENTS
-
SWEET TREATS
-
LOCAL HONEY
-
KNITTED BABY ITEMS

WANT A STALL?
FB/INSTA
@LYMINGEFARMERS MARKET

BESPOKE CRAFTS AND DELICIOUS FOOD!

LOCAL BUTCHER
-
FRESH VEG
-
TRUCKLED CHEESE
-
MONTHLY CHARITY STALL
-
HOT FOOD/DRINK

FREE ENTRY - PARKING AVAILABLE - CASH AND CARD

TALLEST SUNFLOWER COMPETITION - 2024

This popular event is back again

RULES

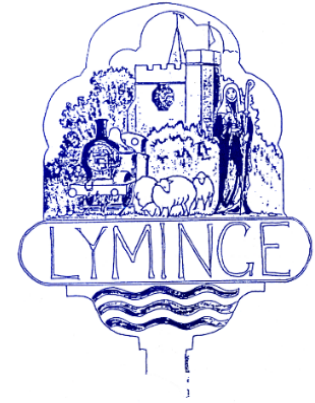
- Grow a sunflower in either your garden or in a pot in your garden, stop the slugs eating it and whoever grows the tallest one wins a certificate
- We can supply the seedlings which are free, or you can grow your own
- Seedlings will be available at the Pick Up A Plant event on 11th May
- Just let us know you are going to take part and if you require any seedlings verbally when you pick up your seedling by emailing lymingegardeners@gmail.com
- You will need to let us know your name, address and contact details
- Closing date for all measurements/entries Monday August 26th

LYMINGE PARISH COUNCIL

Etchinghill - Lyminge - Rhodes Minnis

www.lymingeparishcouncil.org.uk

clerk@lymingeparishcouncil.org.uk



Agendas, minutes and relevant reports are published on the council website. If you would like a copy of council documents please contact the clerk.

Please attend the Annual Parish Meeting

**13 MAY
18:00**

**LYMINGE
METHODIST
CHURCH**

We are inviting you to hear what your parish council and local organisations have achieved in the parish in the last year.

Electors of the parish are welcome to attend and will be given the opportunity to ask questions of the parish council and organisations in attendance. The agenda will be issued at the end of April and will outline who we are expecting to attend.

Refreshments will be provided.

KIND REGARDS,
LYMINGE PARISH COUNCIL

D DAY 80TH ANNIVERSARY

We are currently putting together plans for a commemoration event for the 80th Anniversary of D Day.

Keep an eye out for updates via social media and posters around the parish.

If you want to be involved please email the clerk.

Lyminge Parish Council are seeking to co-opt new people! Email the clerk for an application form if you are interested in joining or to ask any burning questions.

CONTACT INFORMATION

General - clerk@lymingeparishcouncil.org.uk / 07999 403948

Chair - emily.arnold@lymingeparishcouncil.org.uk

Vice-Chair - roger.joyce@lymingeparishcouncil.org.uk

Trees - gillian.heywood@lymingeparishcouncil.org.uk

Handyman - fred@lymingeparishcouncil.org.uk

Please note that these roles may change after May 13th

SPEED WATCH:

We are in desperate need of more speed watch volunteers. As you know, speeding through the villages is a big problem and our speed watch teams play an important role in documenting the speeding. However, the number of volunteers are limited and we need more people to help. It wouldn't be a large commitment. If you can help, please contact the clerk.

2024/2025 BUDGET:

The budget was prepared by looking back on previous years' budgets but more importantly, on actual spending patterns in these years. Several areas were considered - allowances were made for a clerk, responsible finance officer (RFO) and a handyman. Certain budget heads were combined, and the budget has been simplified. Routine, recurrent spends (office costs, subscriptions, insurance, etc.) are based on previous actuals, plus inflation as appropriate, and best estimates were made for planned projects.

The overall budgeted spend in 24/25 is less than current year 23/24. In 23/24, a budget for Community Infrastructure Levy (CIL) receipts of £100k was included resulting in a precept of £107k being requested. In 24/25 although the budgeted spend is lower, a more realistic CIL budget of £10k has been included. This has resulted in a higher precept requirement of £152k.

DATES TO NOTE:

Surgeries:

Mondays* 10:30am - Coach and Horses, Lyminge (*Not school holidays).

Every 4th Sunday 11am -12noon
Lyminge Village Hall.

MERIDEN PARK:

The refurbishment of Meriden Park is ongoing. We are currently in the planning stage and will keep you updated via the newsletter and social media.

NEIGHBOURHOOD PLAN (NHP):

The best way to stay up to date with the NHP is to join our mailing list. You can also find information on our website/FB.

We are currently organising village walkabouts to highlight our favourite and most cherished places. If you would like to be involved, please email/call the clerk. If you have mobility issues and would like to attend, please let us know so we can make accommodations.

MAY MEETING DATES

Planning Committee - 1st May 10:00 - 11:00 - Etchinghill Village Hall

Annual Parish Meeting - 13th May 18:00 - 19:00 - Lyminge Methodist Church

Annual Meeting of the Parish Council - 13th May 19:15 - 21:15 - As above



Thoughtful Food...

...is a group of local volunteers looking at our food, and how this impacts climate change. Our aims are to support people to produce more of their own food, and to shop locally, sourcing seasonal produce. We also run a community allotment in Lyminge and welcome new members.

Contact: thoughtfulfoodgroup@gmail.com or on Facebook and Instagram [@thoughtfulfoodgroup](https://www.instagram.com/thoughtfulfoodgroup)

Next **Thoughtful Food** meeting, **Tuesday 7th May, 7.15pm**, at the Coach and Horses Public House

Pick up a Plant

The hotly anticipated **Thoughtful Food Pick up a Plant** event is on **Saturday 11th May at 10am-1pm**. This is a chance to swap and share or just pick up plants. **THIS YEAR IT WILL BE OUTSIDE THE VILLAGE HALL** to coincide with the Craft Fair.

May is a very busy month in the veg garden as the days lengthen and it gets warmer (!)

Jobs for May

It's a good time to put up supports for your climbing crops and tomatoes.

Sow undercover – dwarf climbing beans, runner beans, sweetcorn, indoor cucumber, pumpkins, squash.

You could also sow cabbage, kale, and purple sprouting broccoli ready to be transplanted next month

Sow outside – lettuce, radish, spinach and beetroot, little and often to keep harvests coming.

Earth up potatoes when the foliage is about 20cm high, draw up earth from the sides to a height of around 15cms, almost covering the foliage.

Plant out young plants like celeriac, courgettes, squashes, pumpkins, marrows and leeks. Hold off for a bit if it's still cold

Once planted protect with a cloche or fleece.

And don't forget to thin out crops and harvest!

Ready this month: lettuce, spring onions, broccoli, cabbage, spinach, rhubarb, beetroot, radish and peas.

Acknowledgments and Recommendations: Charles Dowding's Vegetable Diary and Calendar. (Available from www.charlesdowding.co.uk).

Rhubarb

There's a lot more to rhubarb than just crumble. The stems can be used in sweet and savoury dishes, as well as drinks. Perhaps the very best thing about rhubarb is how incredibly easy it is to grow, and so can be a great way to provide a source of food with minimal space and effort. Most gardens will have space for a clump of rhubarb, although keep out of reach of pets as it is poisonous to animals.

As rhubarb is a perennial, it will come back each year, so no need to start seeds or plant out- it largely just does its thing until you eat it. Winning!

Rhubarb, Beetroot and Carrot Salad (Riverford) www.riverford.co.uk/recipes/rhubarb-beetroot-carrot-salad

The sharp sweetness of the rhubarb is the perfect balance to earthy flavoured roots, and the cooking liquid makes a punchy dressing. The trick to keeping the shape of the rhubarb, and avoiding a stewed mush, is to cook it gently and then remove it from the heat just before it is tender, letting the declining heat of the pan finish it to perfection.

The trick to keeping the shape of the rhubarb, and avoiding a stewed mush, is to cook it gently and then remove it from the heat just before it is tender, letting the declining heat of the pan finish it to perfection.

Ingredients

300g bunched beetroots	1 orange	small bunch of mint, finely chopped
300g bunched carrots	1 tbsp soft brown sugar	1 tsp caraway seeds, lightly toasted
salt & pepper	1 tbsp red wine vinegar	olive oil
175g rhubarb	50g watercress	salt & pepper

Method Prep time: 20 min Cooking time: 30 min

Step 1 Preheat your oven to 200°C/Gas 6. Remove the leafy tops from the beets and give them a good wash and scrub to remove any dirt. Do the same with the carrots.

Step 2 Place the beets in the saucepan, cover with cold water and season with salt. Bring to the boil, cover and simmer for about 30 minutes, or until soft to the tip of a knife.

Step 3 Meanwhile, cut the carrots into evenly sized angular pieces. Place them on the roasting tray, coat with oil and season well with salt and pepper. Mix well and roast for about 20 minutes, or until tender and starting to colour.

Step 4 While the carrots and beets cook, cut the rhubarb into 3cm pieces. Split any wide pieces in half, lengthways, so that all the pieces are a roughly even size. Zest and juice the orange into a large saucepan, and add the sugar and rhubarb. Cover and bring to a simmer. Cook gently for 5-6 minutes, until the rhubarb is starting to soften but still holds its shape. Remove from the heat and leave it to cool with the lid on.

Step 5 When the beets are ready, remove them from the water and thumb the skins away. Cut into even-sized wedges.

Step 6 Let the carrots and beets cool a little while you make the dressing. Whisk 3 table-spoons of the rhubarb liquid with a pinch of salt, and slowly add 2 tablespoons of olive oil so that it comes together into a dressing. Tweak by adding a dash or two of the vinegar if you feel it needs more sharpness

Step 7 Mix the beets, carrots and watercress together with the dressing. Transfer to a serving plate and then gently place the rhubarb pieces across the top. Scatter over the mint and caraway seeds to finish.



Very Best Seasonal Wishes from Thoughtful Food



Chalk Stream Monitoring And Awareness Afternoon: Saturday 11th May

Come and join local experts and volunteers for an afternoon of stream-dipping and monitoring of the Nailbourne on Tayne Field, on Saturday 11th May from 2pm, until about 3 or 3.30pm. Bring your wellies and help us evaluate the health of the stream by identifying the wildlife living amongst the stones, watercress and other micro-habitats of the stream. We will also have experts on chalk stream management who can try to answer any questions you have about chalk streams in general and point you in the direction of available resources if you are responsible for managing chalk streams anywhere along the Elham Valley.

Chalk streams are one of the rarest habitats in the world, with only 260 true chalk streams known globally, most of which (85%) are in England. They are so special that some people refer to them as “England’s rainforests” or “England’s Great Barrier Reef”. We are so lucky to have the Nailbourne running through our Parish, and we have a great responsibility to conserve and manage our chalk streams in a sensitive, informed and appropriate manner.

In October 2021 a new “chalk streams strategy” was published by the UK government with various partners, which can be easily found online. Recognising that chalk streams and their associated underground aquifers are important for people and biodiversity, the strategy is for everyone who has responsibility for, or uses, chalk streams. In June 2023 the first “Implementation Plan” related to the strategy was published, again easily available online. When the strategy was launched, the Chair of Natural England, Tony Juniper, explained “These habitats are subject to a complex range of pressures, from pollution arising from road runoff, agriculture and sewage, to low flow resulting from abstraction for public water supply and physical damage to the water courses”, and expected the strategy to result in the “joined-up partnership action needed to address these pressures, protecting and restoring chalk streams for future generations to enjoy”.

Please join us on the **11th May** and help us play our part in this national chalk stream restoration initiative. As always if you have any questions please contact us on tony.king@lymingeparishcouncil.org.uk or via our [Lyminge Climate Action](#) facebook group.

Bumblebee Workshop And Next Steps

Thanks to everyone who turned up to the bumblebee identification workshop in Lyminge at the end of March, and to the Bumblebee Conservation Trust for running it. Considering how cold and windy it was, it was particularly remarkable that the workshop participants managed to find any bumblebees at all, and even more remarkable that they managed to find a Ruderal bumblebee, the rare “target” species that we were hoping to find having found one the previous year. This does suggest that a population is established locally. We are working with the Bumblebee Conservation Trust to implement follow-up work and will report on that in due course. If you would like to help with any bumblebee monitoring in the future please contact us by email to tony.king@lymingeparishcouncil.org.uk



Lyminge Ponds Doing Well

February was one of the wettest and warmest on record in the south-east of England. The ponds at the bottom of Court Lodge Green succeeded in holding all the rainwater that accumulated in them and have done since the creation of the second pond. Nevertheless, by the end of February the water level was almost up to the level of the path beside the attenuation pond. We continue to keep a close eye on the water level and whether further flood mitigation efforts will be required in the future.

COACH AND HORSES

Lunch service:

12:00 - 2:30

Dinner service:

5:30 - 8:00

Monday-Saturday

WHAT'S ON?

Roast dinners

served 12:00 - 7:00

Sundays

WEDNESDAY LUNCH

Pie and mash

- Wednesday lunchtime
- £10 per person

ALL DAY FRIDAY

Fishy Fry-day

- Fish dish for £10
- Includes fish and chips, scampi and chips, fish pie etc

ALL DAY SATURDAY

Curry Curry Curry

- You guessed it... curry!
- £10 curry and rice
- A variety of curries including Boo's own thai curry (fan fave!)

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LOCALLY
(LYMINGE)
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CHARGE**

SECOND WEDS

Music bingo

- £2 per card
- £5 for bingo food
- Starts at 7:30

FOURTH WEDS

Monthly quiz

- £2 per person entry
- £5 for quiz food
- Starts at 7:30



4TH MAY - MUSIC FROM '3 SHADES OF GREY'

**...singing The Eagles, Travelling Wilbury,
Fleetwood Mac and many more!!**

**6TH JUNE - 80TH
ANNIVERSARY OF D DAY.
A PINT OF ALE (SMALL WINE OR
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FOR 10P TO ANYONE OVER 80
YEARS WHO HAS PRE-BOOKED**

**BOOKING ADVISED
01303 901011**

From a resident's perspective, Lyminge is very fortunate to have an Age UK location in the village. However, its full potential is sometimes missed, misunderstood or people are unaware of the full range of services it is able to offer. The following article gives a comprehensive overview of what can be expected or is available. *Editor*



Age UK Hythe, Lyminge and Ashford

We are an independent charity operating across three areas, Hythe, Lyminge and Ashford and the surrounding areas providing support to those age 55 and over to live full and happy lives.

We offer a range of activities and services to suit everyone, from theatre trips, bowling, lunches in local restaurants, film nights and even short breaks, or regular in-house activities such as Pilates, yoga, new age curling, art, flower arranging, singing, walking football and much more.

For those who wish to spend a day with us and are unable to make their own way, they can take advantage of our fleet of vehicles (some of which are adapted for wheelchair users) to transport them to our centres.

Whilst at one of our centres you have the opportunity to use our community cafés for hot and cold drinks and light refreshments, or you can book in for a nutritional two-course lunch that is freshly made on our premises.

If you're not able to get out of the house or prefer to stay at home, don't worry we have something for everyone:

- Two-course hot meal delivery service: Nutritious and freshly prepared meals delivered to you at home, hot and ready to eat, also providing a welfare check.
- Independent living service: Assistance to carry out general housework that may have become more difficult, for example, light housework, preparing a light lunch or support getting shopping.
- Laundry Service: We collect laundry take it away, wash, iron and return it back the following week.

There are team of expert Information and Advice Officers on hand that can help people navigate through life changes and ensure they receive adequate support.

The team can help with:

- Maximising income: Completing benefit checks to ensure that you are receiving all you could be entitled to.
- Help with form filling: We know those forms are tough! Our team are here to support you. Whether with Blue Badge applications, Attendance Allowance or any other form you need support with, we are just a call away.
- Care and support advice: A change in health can be a challenge and often needs adapting to. Find out what support is out there and where to access it.
- Bespoke dementia support (Lyminge) – We have a dedicated team who will work with and support those living with Dementia and direct them to services in the community to live well and independently. We are there to help from pre-diagnosis, to support people to get a diagnosis, to access support services and provide the guidance they need to live as independently as possible within their communities. We also provide tailored activities for those living with Dementia regardless of where they are on their journey; we have something for everyone.

We have Community Cafes in all three of our hubs offering a range of light refreshments and sweet treats. Whilst visiting the café, you may be able to pick up a bargain in our charity shop. We are open to all ages, and everyone is welcome.

People don't realise how much support we have available to offer here at Age UK Hythe, Lyminge and Ashford, and often think our services are for those who are generally older and frail. We are here for the whole community regardless of age and abilities.

We regularly hold community events for all to join in with, from Christmas fairs, boot fairs, bingo, jumble sales and evening events, such as our recent, sold out, country music night with supper. Our cafés and charity are open to the public so feel free to pop in, join us for an activity, lunch or even just for a nose.

For more information, please call 01303 269602 or email admin@ageukhla.org.uk

See P15 for details relating to four events at Age UK or check out the 'What's On' page (P3) where the code AUKL denotes an activity at Age UK.



Picnic in the Park

Come Celebrate Pentecost with us
at our

FAMILY PRAISE SERVICE

Sunday, 26th May 10am

On Tayne Field

(if wet in the Parish Church)

Joint service with the Parish &
Methodist Church

All Welcome

Bring your own picnic and something to sit on



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Facebook: [@annasanimalphysiotherapy](https://www.facebook.com/annasanimalphysiotherapy)

Letters To The Editor

The recent high water table has brought to life springs which haven't flowed for many years and water to flow in normally dry ditches.

I have always assumed that the ditch, which is now flowing, on the west side of Station Road as it enters Lyminge (bordering Glebelands) was a man made drainage ditch or possibly an old road alignment. Having looked at the geological map I now realise that it is neither of these things. That map shows a deposit of "Head" along the base of this ditch running towards Broadstreet Cottage. Head is material which has moved down slope and accumulates at the foot of slopes or low lying areas, and in these parts often along the base of dry valleys. Most of this accumulation occurred during and shortly after the last ice melt, about 11,000 - 12,000 years ago. So this is an ancient water course, now sprung to life.

I wonder if this could be the missing West Brook complimenting East Brook?

Andrew Coleman

Sunny Cottage, Canterbury Road

(see ref: <https://geomusings.org/road-springs/>)



Spring Craft Fair

Saturday 11th May

10am-4pm

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Dear Friends, Exciting News

HOT FOOTED SHOE SALE

CHANGE OF VENUE

BARHAM VILLAGE HALL

CHANGE OF DATE

MONDAY 20th MAY

10am - 4pm

Peter, Nadieh and I look forward to welcoming as many of you as possible, together with some new friends to see the **new Spring/Summer Collection, together with irresistible handbags.**

Barham Village Hall is right in the middle of the village, with a wonderful village shop adjoining, so you can buy supper at the same time!

It will be wonderful if you can make it, and please bring some new friends with you!

Much love

Wonka Blakeney

01233 750571 or 07740433888

Donations for refreshments in aid of St. Mary's Church, Elham.

B I N G O

	30	40	50	74	81
5	24	35	52	68	
9	10	25	45		90
	20	36	53	62	82
6	11		48		72
	12	23		55	66
				76	
2	15		41	60	84
3	17		47	54	70
		28	37	59	65
				71	
1	13	22	44		85
		27	33	49	78
	16		39	57	69
				79	
4		31	43	61	80
	19		34		51
8	26		46	58	64
7	21	32		63	73
	14		42	56	75
	18	29	38	67	87

First Wednesday of each Month

Starts Wednesday 3rd April

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Register today

girlguiding.org.uk/volunteer



Registered charity number: Excepted from registration.

My colleague and I are retiring this summer and 1st Lyminge Brownies are looking for new leaders to continue our unit. Sadly it will have to close if nobody comes forward to help.

Thank you. Angela Foxon 1st Lyminge Brownies.

barnowlyminge@btinternet.com

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Lyminge Baby & Toddler Group

We are excited to welcome you to our local parent, baby and toddler group.

Please come along, meet new mums and dads for a chat and a play.

It costs £3.50 with tea and coffee provided along with snacks for your child.

Tuesdays, term times only. 10am to 12noon at the Tayne Centre.

First session is free.

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Contact Ellen at 07870405567.

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at Etchinghill Village Hall
£2.50 per child

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".....exemplary relationships between staff provide excellent role models for children and promote high standards of behaviour. Children make outstanding progress during their time at the nursery".

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For all bookings or enquiries please contact:

The Duty Manager on 07514 758936

The Lyminge Association

We're here to support and develop our community!!

Contacts:

Chair: Peter Barnes 01303 863737 or 07808775302
pbarnes20@icloud.com

Treasurer: Martin Fry 01303 863177
martin@rhodesminnis.org.uk

Minute Sec: Heather Dunford

Committee Members:

Marian Chubb, Richard Chubb, Dave Hunt-Cooke, Stephen Guyatt, Gillian Heywood, Robin Mackonochie, Derek Smith, Penny Stephens, Adrian Willcox, Bernie Wood

Newsletter: As for Peter Barnes above

Editor: pbarnes20@icloud.com

Rhodes Minnis Village Hall

Charity No.800345

Rhodes Minnis Village Hall is located 2kms (1¼miles) from Lyminge and just off Longage Hill and Whitehorse Lane in Chapel Lane.

The hall, which holds Hallmark accreditation, is ideal for children's parties, band practice, quizzes, meetings, wedding receptions, fundraising events and much more. It has a fully equipped kitchen.

Rates

Mon to Fri £18 per session £48 all day

Sat & Sun £23 per session

£33 for evening session and £69 all day

Sessions

AM session 08.30 - 12.30

PM session 13.30 - 17.30

Evening session 18.00 - 23.45

Separate rates for Bank Holidays and New Year and special rates for regular users.

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If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough.- *Oprah Winfrey.*

You may say I'm a dreamer, but I'm not the only one. I hope someday you will join us. And the world will live as one.- *John Lennon.*

Bus times

To Folkestone town centre via Etchinghill & Cheriton High Street
From Lyminge, The Sidings

MONDAYS TO FRIDAYS except Bank Holidays

There are route 17 buses at 0642, 0748, 0909, 0944, 1044, 1144, 1244, 1344, 1444, 1614 (school days only), 1619, 1704, 1804, and 1904.

SATURDAYS

There are route 17 buses at 0749, 0844, 0944, 1044, 1144, 1244, 1344, 1444, 1544, 1644, 1744, 1844, and 1929.

On Mondays to Saturdays there are also route 18 buses to Sandling Station & Hythe - for times see our website or call the number below.

SUNDAYS & BANK HOLIDAYS

There are route 17 buses at 1032, 1302, 1532 and 1802.

To Canterbury city centre via Elham, Barham & Bridge
From Lyminge, Wesley Terrace

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SATURDAYS

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These bus times apply from 25 September 2023.



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Why do they call it rush hour when nothing moves?"

- Robin Williams



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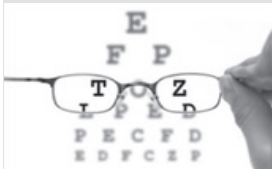
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LYMINGE THEN AND NOW

Our monthly look at how Lyminge has changed over the years, with thanks to Lyminge Historical Society.



High Street. At the cross roads with Church Road was the smithy, opposite the pub. There were a few cottages along the north side of the High Street, but the south side was occupied largely by Church Meadow, owned by the Rector personally in his capacity as Lord of the Manor. When the Rector Canon Jenkins died in 1896, he passed this land to his son, who in 1901 sold it to a local property speculator, Algar Arthur Alfred Basham. He was an Essex boy who had married a local girl from Folkestone. In 1891, he was working as a carpenter. In 1899 he was a hairdresser in the Folkestone Harbour area. But in the early years of the 20th Century, he put up the row of properties that still stretches from Annbank to what is now Moonraker. The White House (to the left of the picture) and Stanley Lodge and York Lodge next to it, have all lost their original decorative first floor balconies. Stanley Lodge has also been extended to the side, but otherwise all the houses are still readily identifiable. The terrace at the end of the High Street was also built at this time by Folkestone butcher Ernest Elliott, and was then known as Elliott's Row. The street was radically transformed over the space of a few years. Since then, the greatest change in the street scene is undoubtedly the presence of parked cars in 2024. One may also ask whether the road in around 1910 was actually in better condition than it is now, though it was not tarmacked back then.



Lyminge Friends

(see P14)

"A really interesting talk by Anne & Geoff Gould on their four Grandads' very different experiences in the First World War"



In the absence of any current photographs, here are a few Mystery Objects, courtesy of Adrian Willcox
Answers next month



A



B



Rhodes Minnis Spring Show

Cup Winners:

Dorothy Athrow - Spicer Cup, Seathwaite Tray, Godden Cup, Rhodes Minnis Trophy.
John Packer - Leppard Cup. Carol Lambert - Hopkins Cup.

The Spring Show was well attended, a day to meet new and old friends, enjoy a chat and a cuppa. Well done to all exhibitors.



Ferry Crossing on The Straits of Dover - Evening of 7th April 2024